Edgar Filing: INTEGRA LIFESCIENCES HOLDINGS CORP - Form 4

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INTEGRA L Form 4 August 21, 20	IFESCIENCES H	IOLDIN	GS COR	Р								
									OMB A	OMB APPROVAL		
FORM	RITIES AND EXCHANGE CO shington, D.C. 20549				COMMISSION		3235-0287					
Check thi if no long	or								Expires:	January 31, 2005		
subject to Section 10 Form 4 or	6.	F CHAN	CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Estimated average burden hours per response 0.5			
Form 5 obligation may conti <i>See</i> Instru 1(b).	inue. Section 17(a) of the	Public Ut		ing Com	pany	Act o	ge Act of 1934, f 1935 or Sectio 40				
(Print or Type R	Responses)											
SULLIVAN JAMES M S:			Symbol INTEGF	Name and RA LIFES NGS COR	CIENCI	ES	g	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (M	liddle)	3. Date of (Month/D	Earliest Transaction ay/Year)			X Director Officer (give	e title Oth				
				08/19/2008					below) below)			
				ndment, Dat th/Day/Year)	e Original			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
PLAINSBO	RO, NJ 08536							Form filed by M Person				
(City)	(State) (Zip)	Table	e I - Non-Do	erivative S	ecuri	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	emed on Date, if 'Day/Year)	TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)			Securities Beneficially Cowned Beneficially Cowned Beneficially Cowned Beneficially Cowned Beneficial Security (Comparison of the security of	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				
Common Stock	08/19/2008			А	1,875	А	\$0	41,671	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2. 3. Transaction Date 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and Amour 4. Derivative Conversion (Month/Day/Year) Execution Date, if Transaction of Derivative Expiration Date Underlying Securit (Month/Day/Year) (Instr. 3 and 4) Security or Exercise any Code Securities (Instr. 3) Price of (Month/Day/Year) (Instr. 8) Acquired Derivative (A) or Security Disposed of (D) (Instr. 3, 4, and 5) Amo or Date Expiration Title Num Exercisable Date of Code V (D) Shar (A) Non-Qualified Common 08/19/2009 08/19/2016 Stock Option 08/19/2008 4,930 4.9 \$ 48.68 Α Stock (right to buy)

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Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
SULLIVAN JAMES M 311 ENTERPRISE DR PLAINSBORO, NJ 08536	Х							
Signatures								
Kathryn Lamping Attorney-in-fact	0	8/21/2008						
**Signature of Reporting Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.