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FABRIKANT CI Form 4										
November 29, 20										
FORM 4	UNITED	STATES	SECU	RITIES A	AND EX	CHANGE			APPROVAL	
		JIIIL		shington				Number:	3235-0287	
Check this boy if no longer subject to Section 16. Form 4 or		(IENT O		_	BENEF			urs per		
Form 5 obligations may continue. <i>See</i> Instructior 1(b).	Section 17(a) of the l	Public U	Itility Hol	ding Cor		nge Act of 1934, of 1935 or Section 940	on		
(Print or Type Respo	onses)									
1. Name and Address of Reporting Person <u>*</u> FABRIKANT CHARLES			2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
			SEACO [CKH]		DINGS II	NC /NEW/	(Che	eck all applicab	le)	
(Last)	(First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)				X_ Director 10% Owner X_ Officer (give title Other (specify			
C/O SEACOR H PARK AVENU		NC., 460	11/28/2	-			below) Chairr	below) nan, Pres. and (CEO	
	(Street)			endment, D onth/Day/Yea	-	ıl	6. Individual or . Applicable Line) _X_ Form filed by			
NEW YORK, N	Y 10022						Form filed by Person	More than One F	Reporting	
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Securities A	cquired, Disposed	of, or Beneficia	ally Owned	
	ansaction Date nth/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Report or	n a separate line	e for each cl	ass of sec	urities bene	ficially ow	ned directly o	or indirectly.			
					Perso inform requir	ns who res nation cont red to response ays a curren	spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	
	Tab					posed of, or convertible s	Beneficially Owned securities)	1		
1. Title of 2. Derivative Conver		action Date /Day/Year)			4. Transact	5. Number iotof Derivati	6. Date Exercisative Expiration Date		7. Title and Amount of Jnderlying Securities	8. l De

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securitie Acquired (A) or Disposed (D) (Instr. 3, and 5)	ed ed of	(Month/Day/	Year)	(Instr. 3 and 4	4)	Sec (In
				Code V	7 (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to Buy)	\$ 53.58	11/28/2004		A <u>(1)</u>	7,500		(3)	02/25/2014	Common Stock	7,500	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FABRIKANT CHARLES C/O SEACOR HOLDING INC. 460 PARK AVENUE NEW YORK, NY 10022	Х		Chairman, Pres. and CEO				
Signatures							

/s/ Dick Fagerstal,

11/29/2004

Attorney-in-fact <u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option awards being reported on this Form 4 were granted pursuant to SEACOR Holdings Inc.'s 2003 Share Incentive Plan.
- (2) The zero ("0") in this column is a dummy amount, solely for the purpose of permitting the use of a descriptive footnote stating that the price is not applicable.
- (3) 1,500 of the options will vest on March 4, 2005; 1,500 of the options will vest on March 4, 2006; 1,500 of the options will vest on March 4, 2008; and 1,500 of the options will vest on March 4, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.