Edgar Filing: ROMAIN GAYLE S - Form 4

ROMAIN O Form 4											
November FORN Check t if no lon subject Section Form 4 Form 5 obligati may con See Inst 1(b).	A 4 UNITED his box nger to 16. or Filed pur Section 170	MENT OF rsuant to So (a) of the P	Wa CHAN ection 1 ublic U	nshing NGES SEC 16(a) o Utility	ton IN CUF of th Hol	, D.C. 20 BENEF RITIES	549 ICIA ties E	LOWN Exchange y Act of	OMMISSION NERSHIP OF e Act of 1934, 1935 or Section 0	OMB Number: Expires: Estimated a burden hour response	
(Print or Type 1. Name and ROMAIN	Address of Reporting		Symbol	ITZEF	R ST	d Ticker or FEEL IN		-	5. Relationship of I Issuer (Check	Reporting Pers	
(Last) 3200 NW	(First) (YEON AVENUE		3. Date o (Month/) 11/12/2	Day/Ye		ransaction			Director Officer (give to below)	$\begin{array}{c} \underline{X} 10\% \\ \underline{X} 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 $	
PORTLAN	(Street) ID, OR 97210		4. If Am Filed(Mo			ate Origina r)	1		6. Individual or Joi Applicable Line) _X_ Form filed by Oi Form filed by Mo Person	ne Reporting Per	son
(City)	(State)	(Zip)	Tab	ole I - N	lon-l	Derivative	Secur	ities Acq	uired, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution I any (Month/Day	Date, if	3. Transa Code (Instr.	8)	4. Securit nor Dispos (Instr. 3, 4 Amount	ed of ((D)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock									450	Ι	See Note (1)
Class A Common Stock									450	Ι	See Note (2)
Class A Common Stock	11/12/2004			C		10,000	А	\$0	10,000	Ι	By Voting Trust <u>(3)</u>
Class A Common	11/12/2004			Z	V	10,000	D	\$0	0	Ι	By Voting

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Stock								Trust (3)
Class A Common Stock	11/12/2004	Z	V 10,000	А	\$ 0	25,000	I	By Trust (3)
Class A Common Stock	11/12/2004	S	10,000	D	\$ 33.7513	15,000	Ι	By Trust
Class A Common Stock						4,275	I	By Trust (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of	SEC 1474
information contained in this form are not	(9-02)
required to respond unless the form	
displays a currently valid OMB control	
number.	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 1 2 ()
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Class B Common Stock	<u>(6)</u>						(6)	(6)	Class A Common Stock	45,000	
Class B Common Stock	<u>(6)</u>	11/12/2004		C		10,000	(6)	(6)	Class A Common Stock	10,000	
Class B Common Stock	<u>(6)</u>						(6)	(6)	Class A Common Stock	298,929	
Class B Common Stock	<u>(6)</u>						(6)	(6)	Class A Common Stock	18,130	
Class B Common Stock	<u>(6)</u>						(6)	(6)	Class A Common Stock	9,234	

8. De Se (Ir

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
ROMAIN GAYLE S 3200 NW YEON AVENUE PORTLAND, OR 97210		Х					
Signatures							
Ilene Dobrow Davidson, Attorney-In-Fact	11/16/2004						
**Signature of Reporting Person		Da	ate				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares held by Paul Romain, the spouse of reporting person, as Custodian under the Oregon Uniform Transfers to Minors Act F/B/O Danielle Romain.
- (2) Represents shares held by Paul Romain, the spouse of reporting person, as Custodian under the Oregon Uniform Transfers to Minors Act F/B/O Mikhael Romain.
- (3) Voting trust certificates or shares, as the case may be, are held by Gayle S. Romain and Rita S. Philip, Trustees of Gayle S. Romain Family Trust U/A/D October 9, 1995.
- (4) Voting trust certificates or shares, as the case may be, are held by Dina S. Meier and Gayle S. Romain, Trustees of the Dina S. Meier Revocable Trust U/A/D 8/19/94.
- (5) Voting trust certificates or shares, as the case may be, are held by Gayle S. Romain, Trustee for Gayle S. Romain, et al, under Trust Agreement dated January 30, 1970.
- (6) Class B Common Stock is immediately convertible on a one-for-one basis into Class A Common Stock and has no expiration date.
- (7) Voting trust certificates are held by Gayle S. Romain, Family Trustee, and Mardi S. Schnitzer, Independent Trustee, U/A/D December 22, 1994 F/B/O Laura H. Rosencrantz.
- (8) Voting trust certificates are held by Gayle S. Romain, Family Trustee, and Mardi S. Schnitzer, Independent Trustee, U/A/D December 22, 1994 F/B/O Bryan L. Rosencrantz.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.