FIRST BANCORP /NC/ Form 8-K November 29, 2004

UNITED STATES SECURITIES AND EXCHANGE COMMISSION 450 Fifth Street NW Washington, D.C. 29549

Form 8-K

PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): November 29, 2004

First Bancorp

(Exact Name of Registrant as Specified in its Charter)

North Carolina

0-15572

56-1421916

(State or Other Jurisdiction
of Incorporation)(Commission
File Number)(I.R.S. Employer
Identification Number)

27371

(Zip Code)

_____ (Address of Principal Executive Offices)

341 North Main Street, Troy, North Carolina

(910) 576-6171

_____ (Registrant's telephone number, including area code)

Not Applicable

_____ (Former Name or Former Address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act |_| (17 CFR 240.14a-12)
- |_| Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- |_| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13a-4(c))

First Bancorp INDEX

	Page
Item 7.01 - Regulation FD Disclosure	3
Item 9.01 - Financial Statements and Exhibits	3
Signatures	4
Exhibit 99 (a) News Release dated November 29, 2004	5

2

Item 7.01 -- Regulation FD Disclosure

On November 29, 2004, the Registrant issued a news release to announce that its Board of Directors had declared a cash dividend of 17 cents per share payable on January 25, 2005 to shareholders of record as of December 31, 2004. The 17 cents per share dividend is the split-adjusted equivalent of the previous dividend rate of 25 cents per share (rounded up to the nearest penny). On a split-adjusted basis, the current dividend rate is an increase of 6.3% over the dividend rate paid in the same period of 2003.

The news release is attached hereto as Exhibit 99(a) and is incorporated by reference.

Item 9.01 - Financial Statements and Exhibits

Exhibit 99(a) - News Release dated November 29, 2004

Disclosures About Forward Looking Statements

The discussions included in this document and its exhibits may contain forward looking statements within the meaning of the Private Securities Litigation Act of 1995, including Section 21E of the Securities Exchange Act of 1934 and Section 27A of the Securities Act of 1933. Such statements involve known and unknown risks, uncertainties and other factors that may cause actual results to differ materially. For the purposes of these discussions, any statements that are not statements of historical fact may be deemed to be forward looking statements. Such statements are often characterized by the use of qualifying words such as "expects," "anticipates," "believes," "estimates," "plans," "projects," or other statements concerning opinions or judgments of the Company and its management about future events. The accuracy of such forward looking statements could be affected by such factors as, including but not limited to, the financial success or changing conditions or strategies of the Company's customers or vendors, fluctuations in interest rates, actions of government regulators, the availability of capital and personnel or general economic conditions.

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

First Bancorp

November 29, 2004

By: /s/ James H. Garner

James H. Garner President and Chief Executive Officer

4