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NATIONAL HEALTH INVESTORS INC

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February	10.	2003	3
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549
FORM 3

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

- 1. Name and Address of Reporting Person
 - Swafford, Charlotte A.

915 E. Main Street

Murfreesboro, TN 37130

- Date of Event Requiring Statement (Month/Day/Year) February 10, 2003
- 3. IRS or Social Security Number of Reporting Person (Voluntary)
- Issuer Name and Ticker or Trading Symbol National Health Investors, Inc.
- 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) () Director () 10% Owner (X) Officer (give title below) () Other (specify below) Treasurer
- 6. If Amendment, Date of Original (Month/Day/Year)
- 7. Individual or Joint/Group Filing (Check Applicable Line)
 - (X) Form filed by One Reporting Person
 - () Form filed by More than One Reporting Person

Table I	Non-Derivative	Securities	Beneficially	Owned		

1. Title of Security	2. 	Amount of Securities Beneficially Owned	3. 	Ownership Form: Direct(D) or Indirect(I)	İ	Nature of Beneficial
Common Stock in my name and my spouse's na	am 10 	4,785	I 		Pa:	rtnership

Table II -- Derivative Securitites Beneficially Owned

2.Date Exer-	3.Title and Amount		4. Conver	- 5. Owne
cisable and	of Underlying		sion or	ship
Expiration	Securities		exercise	Form of
Date(Month/			- price of	Deriv-
Day/Year)		Amount	deri-	ative
Date Expira-	·	or	vative	Securit
Exer- tion	Title	Number o	f Security	Direct(
cisable Date	1	Shares		Indirec
	cisable and Expiration Date(Month/ Day/Year) Date Expira- Exer- tion	cisable and of Underlying Expiration Securities Date(Month/	cisable and	cisable and

Employee Stock	Option-"R 10/26/99	10/25/05	Common	Stock	110,000	\$14.50	D
ight to Buy"		1			1		1

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SIGNATURE OF REPORTING PERSON Charlotte A. Swafford DATE

February 10, 2003