SEACOR HOLDINGS INC /NEW/

Form 4

March 10, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

OMB APPROVAL

3235-0287

January 31,

2005

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Number:

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response...

5. Relationship of Reporting Person(s) to

Issuer

Estimated average

burden hours per

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

SEACOR HOLDINGS INC /NEW/

Symbol

1(b).

Form 5

obligations

may continue.

See Instruction

(Print or Type Responses)

LORENTZEN OIVIND

1. Name and Address of Reporting Person *

			[CKH]					(Check all applicable)			
(Last) (First) (Middle) C/O SEACOR HOLDINGS INC., 2200 ELLER DRIVE			3. Date of Earliest Transaction (Month/Day/Year) 03/06/2014					_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chief Executive Officer			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
FT. LAUDERDALE, FL 33316								Form filed by More than One Reporting Person			
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	Executi any	emed on Date, if /Day/Year)	3. Transact Code (Instr. 8))	4. Securitin(A) or Dis (D) (Instr. 3, 4)	posed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	03/06/2014			A(1)		22,000	A	\$0	171,616	D	
Common Stock									6,500	I	CWHL Trust (2)
Common Stock									6,500	I	OHL Trust
Common Stock									6,500	I	LBHL Trust (2)
Common Stock									6,500	I	THL Trust

Common **LHL Trust** 6,500 I (2) Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (right to buy)	\$ 89.27	03/06/2014		A(3)	7,500	(3)	03/06/2024	Common Stock	7,500

Reporting Owners

Reporting Owner Name / Address				_	
	Director	10% Owner	Officer		Other

LORENTZEN OIVIND C/O SEACOR HOLDINGS INC. 2200 ELLER DRIVE

X Chief Executive Officer

Relationships

FT. LAUDERDALE, FL 33316

Signatures

/s/ Oivind 03/10/2014 Lorentzen Date

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 2

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- (1) The restricted stock award reported on this Form 4 was granted pursuant to SEACOR Holdings Inc.'s Amended 2007 Share Incentive Plan and will lapse in five equal annual installments beginning on March 4, 2015 and ending on March 4, 2019.
- (2) The shares of Common Stock reported herein as indirectly beneficially owned by the Reporting Person are held in a trust for the benefit of Reporting Person's child. The Reporting Person is not a trustee of the trust.
- (3) The stock option award reported on this Form 4 was granted pursuant to SEACOR Holdings Inc.'s Amended 2007 Share Incentive Plan. The option is exercisable in five equal annual installments beginning on March 4, 2015 and ending on March 4, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.