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AVX CORP

Form 4 August 03, 2	0006										
									OMB AF	PROVAL	
FORM				NGE C	COMMISSION	OMB Number:	3235-0287				
Check th if no long	ter .									January 31 2005	
subject to Section 1 Form 4 c Form 5 obligatio may cont See Instr 1(b).	6. or Filed pu ns tinue.	Section 1 Public Ut	IANGES IN BENEFICIAL OWNERSHIP OF SECURITIES on 16(a) of the Securities Exchange Act of 1934, c Utility Holding Company Act of 1935 or Section e Investment Company Act of 1940						Estimated average burden hours per response 0.		
(Print or Type]	Responses)										
CUMMINGS KURT P Sy			Symbol	Name and		Tradi	ng	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	AVX CORP [AVX] 3. Date of Earliest Transaction				(Chec	Check all applicable)			
(M			(Month/D 08/02/20	ay/Year)	ansaction			Director 10% Owner X Officer (give title Other (specify below) below) VP CFO Treasurer and Corporate			
				endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
MYRTLE E	BEACH, SC 295	577						Person	lore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 3) (Month/Day/Year) (Month/Day/Year) (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)						
				Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	08/02/2006			М	2,000	A	\$ 9.065	10,123	D		
Common Stock	08/02/2006			S	2,000	D	\$ 15.52	8,123	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number tion of Derivative Securities) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)8((
				Code V	(A) (D		Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 18.13	08/02/2006		М	2,00	00	08/12/1997	08/12/2006	Common Stock	2,000

Reporting Owners

Reporting Owner Name / Address			Relationships	
	Director	10% Owner	Officer	Other
CUMMINGS KURT P 801 17TH AVENUE SOUTH MYRTLE BEACH, SC 29577			VP CFO Treasurer and Corporate	
Signatures				
By: Kurt P. Cummings, Attorney in Fact For: Kurt P. Cummings			08/03/2006	

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date