Edgar Filing: REDDING PETER S - Form 4

REDDING PETH Form 4	ER S									
April 02, 2010	L								PPROVAL	
Washington, D.C. 20549									3235-0287	
Check this boy if no longer subject to Section 16. Form 4 or Form 5	STATEM	IENT OF		SECUI	Expires: Estimated burden hou response	urs per				
obligations may continue. <i>See</i> Instruction 1(b).	Section 17(a) of the H	Public U	Itility Hol	ding Cor		of 1935 or Section	on		
(Print or Type Respo	onses)									
1. Name and Address of Reporting Person <u>*</u> REDDING PETER S			Symbol	er Name an IS & MIN		· Trading /VA/ [OM	5. Relationship of Reporting Person(s) to Issuer [] (Check all applicable)			
(Last) (First) (Middle) 9120 LOCKWOOD BLVD.			3. Date of Earliest Transaction (Month/Day/Year) 03/31/2010				Officer (give title Other (specify below) below)			
	4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 					
MECHANICSV (City)	ILLE, VA 2	(Zip)				~	Person			
1.Title of 2. Tr	ansaction Date nth/Day/Year)	-	ed Date, if	3.	4. Securit mAcquired Disposed (Instr. 3, 4	ies (A) or of (D)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	of, or Beneficia 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Reminder: Report or	n a separate line	e for each cla	ass of sec							
	1				Perso inform requir	ns who res nation con red to resp ays a curre	spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		(Instr. 5)

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	Derivative Security			Acq (A) of Disp of (I (Inst	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)						
			Сос	le V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	03/31/2010	А		74 (2)		(1)	(1)	Common Stock	74	\$ 46.39

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
REDDING PETER S 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	Х							
Signatures								
Peter S. Redding by Rosemarie Fr POA	rance	04/02	/2010					

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

- The shares of phantom stock are convertible on a 1-for-1 basis and become payable, in cash or common stock, at the election of the
 (1) reporting person, upon the occurrence of one of the following (as elected in advance by the reporting person): (a) death, (b) disability, (c) termination of service as director, (d) specified future delivery date, or (e) the earliest to occur of (a), (b), (c) or (d).
- (2) Shares acquired through quarterly dividend reinvestment transaction.
- (3) On 3/31/2010, the common stock of Owens & Minor, Inc. split 3-for-2, resulting in the reporting person's ownership of 6,512 additional shares of phantom stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.