

CAPE OLWEN B
Form 4
February 14, 2008

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CAPE OLWEN B

2. Issuer Name and Ticker or Trading Symbol
OWENS & MINOR INC/VA/ [OMI]

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

(Last) (First) (Middle)
9120 LOCKWOOD BLVD.

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
02/13/2008

____ Director
 Officer (give title below) _____ 10% Owner
_____ Other (specify below)
Vice President, Controller

MECHANICSVILLE, VA 23116

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	02/13/2008		M	5,500 A \$ 18.48	21,212	D	
Common Stock	02/13/2008		S	300 D \$ 45.16	20,912	D	
Common Stock	02/13/2008		S	800 D \$ 45.17	20,112	D	
Common Stock	02/13/2008		S	300 D \$ 45.19	19,812	D	
Common Stock	02/13/2008		S	802 D \$ 45.2	19,010	D	

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Common Stock	02/13/2008	S	200	D	\$ 45.23	18,810	D
Common Stock	02/13/2008	S	398	D	\$ 45.24	18,412	D
Common Stock	02/13/2008	S	300	D	\$ 45.25	18,112	D
Common Stock	02/13/2008	S	2,000	D	\$ 45.27	16,112	D
Common Stock	02/13/2008	S	400	D	\$ 45.295	15,712	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
				Code	V (A) (D)				
Employee Stock Options	\$ 18.48	02/13/2008		M	5,500	04/24/2004	04/24/2010	Common Stock	5,500

Reporting Owners

Reporting Owner Name / Address	Relationships
CAPE OLWEN B 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	Director 10% Owner Officer Vice President, Controller Other

Signatures

Olwen B. Cape by Rosemarie W. France,
POA

02/14/2008

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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