CAPE OLWEN B Form 4/A May 12, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB 3235-0287 Number:

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

			2. Issuer Name and Ticker or Trading Symbol OWENS & MINOR INC/VA/ [OMI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 4800 COX	, ,	Middle)		f Earliest Ti Day/Year) 005	ransaction			DirectorX_ Officer (give below)	10%	Owner or (specify	
				endment, Date Original onth/Day/Year) 2005				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deem Execution any (Month/D	Date, if	3. Transactio Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(D)	Price \$	(Instr. 3 and 4)			
Common	05/11/2005			M	1,100	A	^{\$} 29.975	12,440	D		
Common	05/11/2005			S	1,100	D	\$ 29.975	11,340	D		
Common	05/12/2005			M	3,900	A	\$ 29.933	15,240	D		
Common	05/12/2005			S	3,900	D	\$ 29.933	11,340	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Transaction Derivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of 8 Underlying Securities I (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common	\$ 15.76	05/11/2005		M	1	1,100	01/30/2001	01/30/2008	Common	1,100
Common	\$ 15.76	05/12/2005		M	3	3,900	01/30/2001	01/30/2008	Common	3,900

Reporting Owners

Poporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

CAPE OLWEN B 4800 COX ROAD GLEN ALLEN, VA 23060

Vice President

Signatures

Olwen B. Cape 05/12/2005

**Signature of Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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