### HEALTHWAYS, INC Form 8-K April 28, 2016

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Date of report (Date of earliest event reported): April 28, 2016		
_		
(Exact name of registrant as specified in its charter)		
000-19364	62-1117144	
(Commission File Number)	(IRS Employer Identification No.)	

701 Cool Springs Boulevard Franklin, Tennessee (Address of principal executive offices)

37067 (Zip Code)

(615) 614-4929 (Registrant's telephone number, including area code) <u>Not Applicable</u> (Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 2.02 Results of Operations and Financial Condition.

On April 28, 2016, Healthways, Inc. issued a press release announcing earnings results for the first quarter ended March 31, 2016, the text of which is attached hereto as Exhibit 99.1. This information furnished pursuant to this Item 2.02 and Exhibit 99.1 shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be deemed to be incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act except as shall be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits: Exhibit 99.1 Press Release.

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### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized. HEALTHWAYS, INC.

By:/s/ Alfred Lumsdaine Alfred Lumsdaine Chief Financial Officer

Date: April 28, 2016

# EXHIBIT INDEX

Exhibit 99.1 Press Release dated April 28, 2016