HEALTHWAYS, INC		
Form 8-K October 05, 2006 UNITED STATES		
SECURITIES AND EXCHANGE COMMISS	SION	
WASHINGTON, D.C. 20549		
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or 15(d) of the		
Securities Exchange Act of 1934		
Date of report (Date of earliest event reporte	d): October 5, 2006 (October 2, 2006)	
<b>HEALTHWAYS, INC.</b> (Exact name of registrant as specified in its o	charter)	
<b>Delaware</b> (State or other jurisdiction of	<b>000-19364</b> (Commission	<b>62-1117144</b> (IRS Employer
incorporation)	File Number)	Identification No.)
3841 Green Hills Village Drive		
Nashville, Tennessee (Address of principal executive offices)		<b>37215</b> (Zip Code)

(615) 665-1122

(Registrant s telephone number, including area code)

### **Not Applicable**

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- O Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- O Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- O Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- O Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Item 1.01. Entry into a Material Definitive Agreement.

On October 2, 2006, upon recommendation of the Compensation Committee (the Committee), the Company s Board of Directors approved fiscal 2007 base salaries for the Company s executive officers. Also, upon recommendation of the Committee, the Board of Directors approved short-term incentive bonuses, the Company s contribution to the Capital Accumulation Plan equal to 9.3% of each participant s base salary, performance cash, and share-based payments, including stock options and restricted stock units, all to be awarded for performance in fiscal 2006.

Item 9	9.01.	Financial	<b>Statements</b>	and	Exhibits.
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Exhibit 10.1 Summary of Named Executive Officer Compensation

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

### HEALTHWAYS, INC.

By: /s/ Mary A. Chaput Mary A. Chaput Chief Financial Officer

Date: October 5, 2006

### EXHIBIT INDEX

Exhibit 10.1 Summary of Named Executive Officer Compensation