HUMANA INC Form 4 October 13, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number: January 31, Expires:

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * JONES DAVID A JR/KY			2. Issuer Name and Ticker or Trading Symbol HUMANA INC [HUM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) CHRYSALIS INC., 101 S. I SUITE 1650			3. Date of Earliest Transaction (Month/Day/Year) 10/12/2009	_X_ Director 10% Owner Officer (give title below) Other (specify below)			
(Street) LOUISVILLE, KY 40202		2	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State) ((Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Humana Common	10/12/2009		M	5,000 A \$ 7.875	448,844	D			
Humana Common					72	I	See Footnote (1)		
Humana Common					1,300	I	See Footnote (2)		
Humana Common					1,300	I	See Footnote		

Humana See Common 300 I Footnote $\frac{(3)}{(4)}$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (5)	\$ 7.875	10/12/2009		M		5,000	01/03/2001	01/03/2010	Humana Common	5,000
Options (6)	\$ 14.7813						01/02/2002	01/02/2011	Humana Common	5,000
Options (6)	\$ 11.55						01/02/2003	01/02/2012	Humana Common	5,000
Options (6)	\$ 10.19						01/02/2004	01/02/2013	Humana Common	5,000
Options (7)	\$ 23.05						01/02/2005	01/02/2014	Humana Common	2,500
Stock Units (8)	<u>(8)</u>						(8)	(8)	Humana Common	5,022

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

JONES DAVID A JR/KY CHRYSALIS VENTURES, INC.

X

Reporting Owners 2

101 S. FIFTH STREET, SUITE 1650 LOUISVILLE, KY 40202

Signatures

David A. Jones, Jr. 10/12/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting person indirectly owns 72 shares held by spouse.
- (2) Reporting person indirectly owns 1,300 shares held by spouse as custodian for son.
- (3) Reporting person indirectly owns 1,300 shares held by spouse as custodian for daughter.
- (4) Reporting person indirectly owns 300 shares held in an Individual Retirement Account.
- (5) Right to buy pursuant to Humana Inc.'s 1989 Stock Option Plan for Non-Employee Directors.
- (6) Right to buy pursuant to Humana Inc.'s 1996 Incentive Stock Option Plan.
- (7) Right to buy pursuant to Humana Inc.'s 2003 Stock Incentive Plan.
 - Director's cash fee elected to be converted into stock units, deferred at the election of the reporting person until his resignation of services
- (8) as a director at which time the stock units will be payable in Humana Inc. common stock on a 1-for-1 basis, exempt pursuant to Rule 16(b)-3(d)(1).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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