HUMANA INC Form 4 March 30, 2009

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

January 31, Expires: 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MURRAY JAMES E			2. Issuer Name a	and Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
			HUMANA IN	C [HUM]	(Chec	ck all applical	ble)	
(Last)	(First)	(Middle)	3. Date of Earlies	t Transaction				
			(Month/Day/Year	•)	Director		0% Owner	
HUMANA	INC., 500 W	EST MAIN	03/26/2009		_X_ Officer (give		ther (specify	
STREET					below) Chief	below) Operating Of	ficer	
	(Street)		4. If Amendment,	Date Original	6. Individual or J	oint/Group Fi	iling(Check	
			Filed(Month/Day/Y	'ear)	Applicable Line)	O D	D	
		22			_X_ Form filed by Form filed by			
LOUISVIL	LE, KY 4020	32			Person	niore man one	resporting.	
(City)	(State)	(Zip)	Table I - No	n-Derivative Securities Ac	quired, Disposed o	of, or Benefic	ially Owned	
1.Title of	2. Transaction	Date 2A. Deer	med 3.	4. Securities Acquired	5. Amount of	6.	7. Nature of	

(City)	(State)	(Zip) Tab l	le I - Non-l	Derivative	Secu	rities Acq	uired, Disposed o	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transacti Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Humana Common					` '		4,913	I	See Footnote (1)
Humana Common							1,622	I	See Footnotes (2)
Humana Common							100,591	D	
Humana Common	03/26/2009		J	567	A	\$ 25.24	22,812	I	See Footnote (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivers Security Acquires (A) or Dispose (D) (Instr. 3)	vative ies ed	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount of Number of Shares
Options (4)	\$ 7.4688						11/18/2002(5)	11/18/2009	Humana Common	86,000
Options (8)	\$ 32.7						(10)	02/24/2012	Humana Common	110,00
Options (4)	\$ 12.995						03/13/2005(6)	03/13/2012	Humana Common	20,000
Options (4)	\$ 9.26						03/13/2006(7)	03/13/2013	Humana Common	13,686
Options (8)	\$ 21.275						<u>(9)</u>	02/24/2014	Humana Common	80,300
Options (8)	\$ 53.96						<u>(11)</u>	02/23/2013	Humana Common	84,720
Options (8)	\$ 62.1						(12)	02/22/2014	Humana Common	67,042
Options (8)	\$ 69.475						<u>(13)</u>	02/21/2015	Humana Common	70,673
Options (8)	\$ 41.83						(14)	02/19/2016	Humana Common	99,979
Phantom Stock Units	(15)	03/26/2009		J	6,282		<u>(15)</u>	(15)	Humana Common	25,399

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	

Reporting Owners 2

MURRAY JAMES E HUMANA INC. 500 WEST MAIN STREET LOUISVILLE, KY 40202

Chief Operating Officer

Signatures

James E.	03/27/2009
Murray	03/2//2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares held by reporting person's spouse.
- (2) Shares held by reporting person's child.
- Stock units held for the benefit of reporting person as of March 26, 2009 under the Humana Retirement & Savings Plan, including a routine disposition of shares to fund an administrative fee assessment under a Tax-Conditioned Plan. All transactions are exempt under Rule 16b-3(c). The number of units being reported represent annual funding for the 2008 Plan year made on March 26, 2009.
- (4) Right to buy pursuant to Company's 1996 Stock Incentive Plan for Employees.
- Non-Qualified Stock Options were granted to reporting person on 11/18/99 vesting in three increments from 11/18/00 to 11/18/02.
- (6) Incentive Stock Options were granted to reporting person on 3/13/02 vesting in thirds from 3/13/03 to 3/13/05.
- (7) Incentive and Non-Qualified Stock Options were granted to reporting person on 3/13/03 vesting in three increments each from 3/13/04 to 3/13/06.
- (8) Right to buy pursuant to Company's 2003 Stock Incentive Plan.
- Incentive and Non-Qualified Stock Options were granted to reporting person on 2/24/04 vesting in three increments from 2/24/05 to 2/24/07, and ISO's vesting on 02/24/07.
- Incentive and Non-Qualified stock options granted to reporting person on 2/24/05, NQ options vesting in three increments from 2/24/06 to 2/24/08, and ISO's vesting on 2/24/08.
- Incentive and Non-Qualified stock options granted to reporting person on 2/23/06, NQ options vesting in three increments from 2/23/07 to 2/23/09, and ISO's vesting on 2/23/09.
- Incentive and Non-Qualified stock options granted to reporting person on 2/22/07, NQ options vesting in three increments from 2/22/08 to 2/22/10, and ISO's vesting on 2/22/10.
- Incentive and Non-Qualified stock options granted to reporting person on 2/21/08, NQ options vesting in three increments from 2/21/09 to 2/21/11, and ISO's vesting on 2/21/11.
- Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/19/10 to 2/19/12.
- Phantom Stock Units held for the benefit of reporting person as of March 26, 2009 based on the value of Humana common stock on a 1-for-1 basis, under the Humana Excess Plan. All transactions are exempt under Rule 16b-3(c and d). The number of units being reported represent annual funding for the 2008 Plan year made on March 26, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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