ADAMS EXPRESS CO Form 4 March 03, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

SECURITIES

1(b).

(Print or Type Responses)

1. Name and Addi JONES MAUF	_	ng Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			ADAMS EXPRESS CO [ADX]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
			(Month/Day/Year)	Director 10% Owner			
7 ST PAUL STREET, STE 1140			03/02/2006	X Officer (give title Other (specify below)			
				Vice Pres., CFO & Treasurer			
(Street)			4. If Amendment, Date Original 6. Individual or Joint/Group Filing				
			Filed(Month/Day/Year)	Applicable Line)			
			X Form filed by One Reporting Perso				
BALTIMORE, MD 21202				Form filed by More than One Reporting Person			
(City)	(State)	(Zin)					

(City)	(State) (Table Table	e I - Non-D	erivative	Secur	ities Acqu	uired, Disposed of	, or Beneficial	y Owned
1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transactio	4. Securi		•	5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect
(Instr. 3)		any (Month/Day/Year)	Code (Instr. 8)	(Instr. 3,	4 and	5)	Beneficially Owned Following	(D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	· ,	, ,
Common Stock	03/02/2006		M	5,466	A	\$ 9.045	5,466	D	
Common Stock	03/02/2006		D	5,466	D	\$ 13.1	20,607	I	Direct and Indirect (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number iom Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock options w/tandem SARs	\$ 9.045	03/02/2006		M	:	5,466	01/09/2005	01/09/2013	Common Stock	5,466
Stock options w/tandem SARs	\$ 9.045	03/02/2006		Н		5,466	01/09/2005	01/09/2013	Common Stock	5,466

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

JONES MAUREEN A 7 ST PAUL STREET STE 1140 BALTIMORE, MD 21202

Vice Pres., CFO & Treasurer

Signatures

Maureen A. 03/03/2006 Jones

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Of these shares, 3,515 are held directly, 17,033 are held indirectly by the Issuer's Thrift Plan Trust, and 59 are held indirectly by Petroleum & Resources Corporation's Thrift Plan Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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