Edgar Filing: MEDIA GENERAL INC - Form 4

| MEDIA GENERA | AL INC | | | | | | | | | |
|--|-----------------|---|--|---|--|---|---|------------------|--------------------|--|
| Form 4 | | | | | | | | | | |
| July 03, 2007 | | | | | | | | | | |
| FORM 4 | | | GEGU | | | | | | PPROVAL | |
| UNITED STATES SECURITIES AND EXCHANGE COMMI Washington, D.C. 20549 | | | | | COMMISSIO | OMB Number: | 3235-0287 | | | |
| Check this box if no longer subject to Section 16. Form 4 or | | IGES IN SECUI | Estimated burden hou | Expires:January 31, 2005Estimated average burden hours per response0.5 | | | | | | |
| Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940 | | | | | | | | | | |
| (Print or Type Respor | ises) | | | | | | | | | |
| 1. Name and Address of Reporting Person <u>*</u> NABHAN LOU ANNE J | | | 2. Issuer Name and Ticker or Trading Symbol MEDIA GENERAL INC [MEG] | | | | 5. Relationship of Reporting Person(s) to Issuer | | | |
| | - | | | | | | (Check all applicable) | | | |
| (Last) (First) (Middle) 333 EAST FRANKLIN ST | | | 3. Date of Earliest Transaction (Month/Day/Year) 06/29/2007 | | | Director 10% Owner X Officer (give title Other (specify below) Vice President | | | | |
| (Street) | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | | | |
| RICHMOND, V | A 23219 | | | | | | Form filed by Person | More than One R | eporting | |
| (City) (S | State) | (Zip) | Tab | le I - Non-l | Derivative | Securities A | cquired, Disposed | of, or Beneficia | lly Owned | |
| 1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deeme Execution I any (Month/Day/Year) | | Date, if TransactionAcquired (A) or Code Disposed of (D) | | Securities Beneficially Owned Following Reported Transaction(s) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | |
| | | 6 1 1 | G | | Amount | (D) Price | (Instr. 3 and 4) | | | |
| Reminder: Report on | a separate line | e for each cla | ass of sec | urities bene | - | | - | ation of | NEC 1474 | |
| | | | | | inforn requir | nation cont ed to resp lys a curre | spond to the colle tained in this form ond unless the fo ntly valid OMB co | n are not rm | GEC 1474 (9-02) | |

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of | 2. | 3. Transaction Date | 3A. Deemed | 4. | 5. | 6. Date Exercisable and | 7. Title and Amount of | 8. Price of |
|-------------|-------------|---------------------|--------------------|-----------|----------|-------------------------|------------------------|-------------|
| Derivative | Conversion | (Month/Day/Year) | Execution Date, if | Transacti | onNumber | Expiration Date | Underlying Securities | Derivative |
| Security | or Exercise | | any | Code | of | (Month/Day/Year) | (Instr. 3 and 4) | Security |

Edgar Filing: MEDIA GENERAL INC - Form 4

| (Instr. 3) | Price of Derivative Security | (Month/Day/Year) | (Instr. 8) | Securitie Acquired (A) or Disposed of (D) (Instr. 3, | Disposed | | | | (Instr. 5) |
|----------------------|------------------------------------|------------------|------------|---|-----------------------|--------------------|----------------------------|--|------------|
| | | | Code V | (A) (D) |) Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |
| Phantom Stock (1) | \$ O | 06/29/2007 | А | 21 | (2) | (2) | Class A Common Stock | 21 | \$ 0 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|---|---------------|-----------|----------------|----------|--|--|--|
| 1 | Director | 10% Owner | Officer | Other | | | |
| NABHAN LOU ANNE J | | | | | | | |
| 333 EAST FRANKLIN ST | | | Vice President | | | | |
| RICHMOND, VA 23219 | | | | | | | |
| Signatures | | | | | | | |
| /s/ Lou Anne J. Nabhan, by Ge Attorney-in-fact | orge L. N | Iahoney, | | 07/03/20 | | | |

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units acquired under Company deferred compensation plan, final balance of which is distributed upon employee's termination of service.
- (2) Upon retirement, employee has several options as to the timing and form of payout.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

/03/2007

Date