Edgar Filing: MEDIA GENERAL INC - Form 4

MEDIA GE Form 4	ENERAL INC										
December (04, 2006										
FORM	ЛЛ									APPROVAL	
	UNITED	STATES S		RITIES A shington			NGE	COMMISSIC	ON OMB Number:	3235-0287	
Check t if no lor subject Section Form 4 Form 5 obligati- may con <i>See</i> Inst 1(b).	nger to 16. or Filed put ons ntinue.	Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								January 31 Expires: 2009 Estimated average burden hours per response 0.9	
(Print or Type	Responses)										
NABHAN LOU ANNE J Symbol				uer Name and Ticker or Trading ol IA GENERAL INC [MEG]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle) 3	3. Date of Earliest Transaction					(Check all applicable)			
				10nth/Day/Year) 1/30/2006			Director 10% Owner X_ Officer (give title Other (specify below) below) Vice President				
				(Month/Day/Year)			Applicable Line	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
RICHMON	ND, VA 23219								by One Reporting by More than One		
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secur	ities A	cquired, Dispose	d of, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution D any (Month/Day	Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3,	(A) or of (D) 4 and 5 (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirec (I) (Instr. 4)	7. Nature of Indirect t Beneficial Ownership (Instr. 4)	
Reminder: Re	port on a separate line	e for each clas	ss of sect	urities bene	Perso	ons wł	no res	or indirectly. spond to the col ained in this for		SEC 1474 (9-02)	

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security

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(Instr. 3)	Price of Derivative Security	(Month/Day/Yea	r) (Instr. 8)	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(Instr. 5)
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (1)	\$ 0	11/30/2006	А	9	(2)	(2)	Class A Common Stock	9	\$ 0

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
NABHAN LOU ANNE J 333 EAST FRANKLIN ST RICHMOND, VA 23219			Vice President	
Signatures				
/s/ Lou Anne J. Nabhan, by Ge Attorney-in-fact	orge L. N	Iahoney,		12/04/2006

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units acquired under Company deferred compensation plan, final balance of which is distributed upon employee's termination of service.

Date

(2) Upon retirement, employee has several options as to the timing and form of payout.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.