

RBC Bearings INC  
Form 4  
November 15, 2016

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
Faghri Amir

(Last) (First) (Middle)  
77 KAYA LANE  
(Street)  
MANSFIELD, CT 06250  
(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
RBC Bearings INC [ROLL]

3. Date of Earliest Transaction  
(Month/Day/Year)  
11/10/2016

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				Code V	Amount (A) or (D) Price		
Common Stock	11/10/2016		M	2,500	A \$ 22.73	6,583 <sup>(5)</sup> <sup>(8)</sup> <sub>(10)</sub>	D
Common Stock	11/10/2016		S	760	D \$ 75.53	5,823 <sup>(5)</sup> <sup>(8)</sup> <sub>(10)</sub>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to purchase Common Stock	\$ 22.73	11/10/2016		M	2,500	11/16/2009 <sup>(1)</sup>	11/16/2016	Common Stock	2,500
Option to purchase common stock	\$ 39.16					07/07/2012 <sup>(2)</sup>	07/07/2018	Common Stock	2,500
Option to Purchase Common Stock	\$ 44.6					06/04/2013 <sup>(3)</sup>	06/04/2019	Common Stock	2,500
Option to Purchase Common Stock	\$ 51.08					06/14/2014 <sup>(4)</sup>	06/14/2020	Common Stock	2,500
Option to Purchase Common Stock	\$ 64.15					07/01/2015 <sup>(6)</sup>	07/01/2021	Common Stock	2,000
Option to Purchase Common Stock	\$ 72.83					07/01/2016 <sup>(7)</sup>	07/01/2022	Common Stock	2,000
Option to Purchase Common Stock	\$ 72.94					07/08/2017 <sup>(9)</sup>	07/08/2023	Common Stock	2,000

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other

