Cain Michael Form 4 February 12, 2019

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Cain Michael

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

ASPEN INSURANCE HOLDINGS LTD [AHL]

(Check all applicable)

(Last) (First) (Middle) 3. Date of Earliest Transaction

(Month/Day/Year)

Director 10% Owner Other (specify _X__ Officer (give title

02/08/2019

below) below) CEO, AIUK, AMAL & Group GC

ASPEN INSURANCE HOLDINGS LIMITED, 141 FRONT STREET

(Street)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

HAMILTON, D0 HM19	9
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(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				
Ordinary Shares	02/08/2019		A	720	A	<u>(1)</u>	62,329	D			
Ordinary Shares	02/08/2019		F(2)	241	D	\$ 42.56	62,088	D			
Ordinary Shares	02/08/2019		A	1,278	A	<u>(1)</u>	63,366	D			
Ordinary Shares	02/08/2019		F(3)	428	D	\$ 42.56	62,938	D			
Ordinary Shares	02/09/2019		A	1,209	A	<u>(1)</u>	64,147	D			

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Ordinary Shares	02/09/2019	F(4)	405	D	\$ 42.56	63,742	D
Ordinary Shares	02/10/2019	A	1,111	A	<u>(1)</u>	64,853	D
Ordinary Shares	02/10/2019	F(5)	372	D	\$ 42.56	64,481	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	of Derivative Expiration D Securities (Month/Day, Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and of Underlyin Securities (Instr. 3 and	ng	8. Pr Deri Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Share Units (2015 Part Bonus)	<u>(6)</u>	02/08/2019		M	720	<u>(7)</u>	<u>(7)</u>	Ordinary Shares	720	
Restricted Share Units (2016 Grant)	<u>(6)</u>	02/08/2019		M	1,278	(8)	<u>(8)</u>	Ordinary Shares	1,278	
Restricted Share Units (2018 Grant)	<u>(6)</u>	02/09/2019		M	1,209	(9)	<u>(9)</u>	Ordinary Shares	1,209	
Restricted Share Units (2017	<u>(6)</u>	02/10/2019		M	1,111	(10)	(10)	Ordinary Shares	1,111	

Grant)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer

Other

Cain Michael ASPEN INSURANCE HOLDINGS LIMITED 141 FRONT STREET HAMILTON, D0 HM19

CEO, AIUK, AMAL & Group GC

Signatures

/s/Silvia Martinez as Attorney-in-fact for Michael Cain.

02/12/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Ordinary shares acquired upon mandatory conversion of previously granted Restricted Share Units.
- (2) Ordinary shares withheld in order to satisfy tax liability in connection with previously granted 2015 Part Bonus Restricted Share Units.
- (3) Ordinary shares withheld in order to satisfy tax liability in connection with previously granted 2016 Restricted Share Units.
- (4) Ordinary shares withheld in order to satisfy tax liability in connection with previously granted 2018 Restricted Share Units.
- (5) Ordinary shares withheld in order to satisfy tax liability in connection with previously granted 2017 Restricted Share Units.
- (6) Each Restricted Share Unit represents the right to receive one share of the Issuer's Ordinary Shares.
 - Represents a portion of the Reporting Person's annual bonus for 2015 paid in Restricted Share Units. The Restricted Share Units were granted on February 8, 2016. One-third of the Restricted Share Units vested annually on the anniversary of the grant date over a
- (7) three-year period, in each case subject to the Reporting Person's continued service, unless terminated without cause or by the Reporting Person for good reason. Upon vesting of the Restricted Share Units, the Reporting Person shall be entitled to receive a number of Ordinary Shares equal to the number of Restricted Share Units then vesting.
- Represents 2016 Restricted Share Units granted on February 8, 2016 under our 2013 Share Incentive Plan, as amended. One-third of the 2016 Restricted Share Units vested annually on the anniversary of the grant date over a three-year period, in each case subject to the Reporting Person's continued service. Upon vesting of the 2016 Restricted Share Units, the Reporting Person shall be entitled to receive a number of Ordinary Shares equal to the number of Restricted Share Units then vesting.
- Represents 2018 Restricted Share Units granted on February 9, 2018 under our 2013 Share Incentive Plan, as amended. One-third of the 2018 Restricted Share Units vests annually on the anniversary of the grant date over a three-year period, in each case subject to the Reporting Person's continued service. Upon vesting of the 2018 Restricted Share Units, the Reporting Person shall be entitled to receive a number of Ordinary Shares equal to the number of Restricted Share Units then vesting.
- Represents 2017 Restricted Share Units granted on February 10, 2017 under our 2013 Share Incentive Plan, as amended. One-third of the 2017 Restricted Share Units vests annually on the anniversary of the grant date over a three-year period, in each case subject to the Reporting Person's continued service. Upon vesting of the 2017 Restricted Share Units, the Reporting Person shall be entitled to receive a number of Ordinary Shares equal to the number of Restricted Share Units then vesting.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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