AVALON HOLDINGS CORP

Form 5 April 04, 2012

OMB APPROVAL FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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3235-0362

January 31,

OMB

Number:

Expires:

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4 Transactions Reported

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer MCMAHON KENNETH J Symbol **AVALON HOLDINGS CORP** (Check all applicable) [AWX] (Middle) (Last) (First) 3. Statement for Issuer's Fiscal Year Ended Director 10% Owner X_ Officer (give title (Month/Day/Year) Other (specify below) below) 12/31/2011 See Remarks ONE AMERICAN WAY (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) WARREN, OHÂ 44484 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit Acquired Disposed (Instr. 3, 4	(A) of (D) 4 and (A))	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	or (D)	Price	(Instr. 3 and 4)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and
Derivative Security	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Derivative	Expiration Date
(Instr. 3)	or Exercise		any	Code	Securities	(Month/Day/Year)
	Drice of		(Month/Day/Vear)	(Inetr 2)	Acquired (A) or	

7. Title a Underlyi (Instr. 3

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Derivative Disposed of (D) Security (Instr. 3, 4, and 5)

(A) (D) Date Exercisable Expiration

Date

Stock Class A Options-(Right \$ 2.48 03/01/2010(1) **A4** 150,000 Â 03/01/2010(1) 02/28/2020 Commo

to Buy)

Stock

Title

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

MCMAHON KENNETH J ONE AMERICAN WAY WARREN, OHÂ 44484

Â See Remarks Â

Signatures

/s/ Kenneth J. 04/04/2012 McMahon

**Signature of Reporting Date Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The date indicated is the grant date and the options vest in five equal installments beginning one year from the date of grant. At the end of (1) each vesting period, the Avalon Holdings Corporation Class A common stock must reach a predetermined market price within three years after vesting before the vested options become exercisable.

Â

Remarks:

CEO American Waste Management Services, Inc. (Subsidiary of Avalon Holdings Corporation)

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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