Radcliffe Philip S Form 5 February 17, 2010

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number: January 31,

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4 Transactions Reported

(City)

(State)

(Zip)

1. Name and Address of Radcliffe Philip S	of Reporting Person *	Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
	ADCARE HEALTH SYSTEMS INC [ADK]		(Check all applicable)			
(Last) (Fin	rst) (Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2009	_X_ Director10% Owner Officer (give titleOther (specify below)			
106 BURNHAM						
(Str	eet)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Reporting			
			(check applicable line)			
WILLIAMSBURG	G, VA 23188					

X Form Filed by One Reporting Person Form Filed by More than One Reporting

		1401	or mon ben	vacive sec		o rrequ	rea, Disposea o	i, or belieffeld	ily O Willed
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Amount	(D)	Price	(1113ti. 3 and 4)		
Common Stock	12/07/2009	Â	A4	4,450	A	\$ <u>(1)</u>	17,287	D	Â
Common Stock	12/31/2009	Â	L	712	A	\$ (2)	17,287	D	Â
Common Stock	Â	Â	Â	Â	Â	Â	17,287	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

SEC 2270 (9-02)

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Deriv Secur Acqu or Di of (D	vative rities pired (A) sposed 0) c. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Warrants	Â	12/07/2009	Â	J4	Â	4,450	11/16/2012	11/16/2017	Common Stock	4,450
Warrants	\$ 2.5 (4)	Â	Â	Â	Â	Â	11/07/2006	12/08/2014	Common Stock	1,000
Warrants	Â	Â	Â	Â	Â	Â	(5)	11/16/2017	Common Stock	17,800
Options	\$ 2.5	Â	Â	Â	Â	Â	08/24/2005	08/27/2010	Common Stock	400
Options	\$ 2.5	Â	Â	Â	Â	Â	08/27/2006	08/27/2011	Common Stock	400
Options	\$ 2.5	Â	Â	Â	Â	Â	08/27/2007	08/27/2012	Common Stock	400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2007	05/09/2012	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2008	05/09/2013	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2009	05/09/2014	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2010	05/09/2015	Common Stock	1,400
Options	\$ 1.5	Â	Â	Â	Â	Â	05/09/2011	05/09/2016	Common Stock	1,400

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Othe			
Radcliffe Philip S 106 BURNHAM WILLIAMSBURG, VA 23188	ÂX	Â	Â	Â			

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Signatures

Carol Groeber by power of attorney

02/17/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On August 15, 2008 the shareholders approved an incentive plan which granted warrants to certain officers and directors. The warrants vested over a five year period. On December 7, 2009 the shareholders approved an amendment to the incentve plan to eliminate 218,461 unvested warrants. The amendment further called for 218461 shares of the Company's common stock with a one year restriction on transfer to be issued.
- (2) Shares were purchased throuhout 2009 at various prices by particiaption in the AdCare Health System Employee Stock Purchase Program.
- (3) The exerccise price of the warrants was based upon the average closing price of the Company's common stock on NYSE-Amex during January 2011 but was not less than \$3.00 per share.
- (4) On December 21, 2009 the warrant holders voted to amend the warrant agreement to decrease the exercise price from \$5.40 to \$2.50 and to extend the expiration date to 12/8/2014 the fifth anniversary date of the Company's private offering.
- (5) The exercise price of the warrants vested in 2008 was \$1.21 per share, those vested in 2009 was \$2.25, those vested in 2010 was \$3.00 and those vesting in 2011 is \$4.00 per share.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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