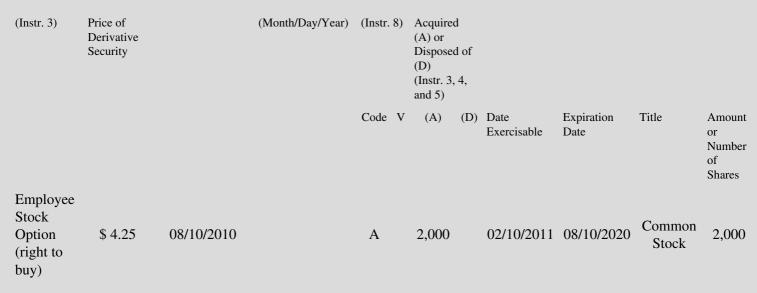
### Edgar Filing: FRYDMAN BEN A - Form 4

FRYDMAN BEN Form 4	NА								
August 12, 2010									PPROVAL
	UNITED	STATES		RITIES A			E COMMISSIO	N OMB Number:	3235-0287
Subject to Section 16. Form 4 or			F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Estimated burden hou response	urs per
Form 5 obligations may continue. See Instruction 1(b).	20(h) of the Investment (Commenty A of $1000$ )								
(Print or Type Respo	nses)								
1. Name and Address of Reporting Person <u>*</u> FRYDMAN BEN A			2. Issuer Name <b>and</b> Ticker or Trading Symbol COAST DISTRIBUTION SYSTEM			<ul> <li>5. Relationship of Reporting Person(s) to Issuer</li> <li>1 (Check all applicable)</li> </ul>			
<i>a</i>	<b>(</b> )								
(Last) (First) (Middle) 350 WOODVIEW AVENUE			3. Date of Earliest Transaction (Month/Day/Year) 08/10/2010			X_ Director Officer (giv below)		% Owner ner (specify	
(Street) MORGAN HILL, CA 95037			4. If Amendment, Date Original Filed(Month/Day/Year)			<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>			
	(State)	(Zip)	<b>7</b> 1			a	Person		
1.Title of 2. Tra	ansaction Date		ed Date, if	3. Transactic Code (Instr. 8)	4. Securi onAcquirec Disposed (Instr. 3,	ties l (A) or l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	of, or Beneficia 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect
Reminder: Report or	a separate line	e for each cl	ass of sec	urities bene	ficially ow	ned directly	or indirectly.		
					inforı requi	nation con red to resp ays a curre	spond to the collectained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

#### Edgar Filing: FRYDMAN BEN A - Form 4



## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
FRYDMAN BEN A 350 WOODVIEW AVENUE MORGAN HILL, CA 95037	Х					
Signatures						
/s/Ben A 08	/12/2010					

Frydman	
**Signature of	Date
Reporting Person	

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.