Edgar Filing: CHOICE HOTELS INTERNATIONAL INC /DE - Form 4

CHOICE HOTELS INTERNATIONAL INC /DE

Form 4

Stock

Stock

Common

12/06/2016

December 07, 2016

FORM	FORM 4 INITED STATES SECUDITIES AND EXCHANCE COMMISSION							OMB APPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287	
Check the if no long	nis box								January 31, 2005	
subject to Section 1 Form 4 o	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES or							Estimated a burden hour response	ited average n hours per	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type I	Responses)									
1. Name and Address of Reporting Person * Joyce Stephen P			2. Issuer Name and Ticker or Trading Symbol CHOICE HOTELS INTERNATIONAL INC /DE [CHH]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (M		3. Date of Earliest Transaction Director						Owner	
((Month/Day/Year) 12/05/2016				_X_ Officer (give title Other (specify below) Chief Executive Officer			
	(Street)		amendment, D Month/Day/Yea	_	I		6. Individual or Jo Applicable Line)			
ROCKVILI	LE, MD 20850						_X_ Form filed by M Form filed by M Person	Iore than One Re		
(City)	(State)	(Zip) T	able I - Non-l	Derivative :	Secur	ities Acq	uired, Disposed of	, or Beneficiall	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	ecution Date, if Transaction(A) or Disposed Code (Instr. 3, 4 as onth/Day/Year) (Instr. 8)			of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	12/05/2016		M	4	A	\$ 24.75	158,753	D		
Common Stock	12/05/2016		S <u>(1)</u>	4	D	\$ 53	158,749	D		
Common Stock	12/06/2016		M	31,996	A	\$ 24.75	190,745	D		

53.23

158,749

D

\$

(2)

31,996 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $S^{(1)}$

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	orDerivative I Securities (6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D	F	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 24.75	12/05/2016		M	4		(3)	02/15/2017	Common Stock	158,753
Employee Stock	\$ 24.75	12/06/2016		M	31,9	996	<u>(3)</u>	02/15/2017	Common Stock	190,745

Officer

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Joyce Stephen P			Chief					
1 CHOICE HOTELS CIRCLE			Executive					

Signatures

ROCKVILLE, MD 20850

Bret L. Limage, Attorney
In Fact

12/07/2016

**Signature of Reporting Person D

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The exercise and sale reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 12, 2015.
- (2) Average price reflects a series of transactions between \$53.00 and \$53.55.
- (3) Options vested in four annual installments beginning on the first anniversary of the February 15, 2010 grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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