AVALONBAY COMMUNITIES INC

11/24/2015

Form 4

November 25, 2015

FORM Check thi	Check this box if no longer CHANGE CHANGE CHANGE CHANGE COMMISSION CHANGE CHANGE CHANGE CHANGE CHANGES BY PENERICIAL CHANGES BY PENE							OMB APPROVAL OMB Number: 3235-028 Expires: January 31	
subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Estimated average burden hours per response Estimated average burden hours per response Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									verage
	ddress of Reporting N EDWARD M	2. Issuer Name and Ticker or Trading Symbol AVALONBAY COMMUNITIES INC [AVB]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) C/O AVALO COMMUNI INC., BALI GLEBE RD	TIES, LSTON TOWER	3. Date of Earliest Transaction (Month/Day/Year) 11/24/2015				Director 10% Owner Specify Officer (give title Other (specify below) EVP-General Counsel			
ARLINGTO	(Street) ON, VA 22203	4. If Amendment Filed(Month/Day/	_	nal		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - No	n-Derivati	ve Sec	urities Acqu	ired, Disposed of,	or Beneficiall	y Owned
	2. Transaction Date (Month/Day/Year)	Execution any	Date, if Transaction Disposed of (D) Se Code (Instr. 3, 4 and 5) Beay/Year) (Instr. 8) (A) Tr				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$.01 per share	11/24/2015		M	3,547	A	\$ 132.95	20,251.5367 (1)	D	
Common Stock, par value \$.01 per share	11/24/2015		M	3,362	A	\$ 126.78	23,613.5367 (1)	D	

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Common	\$	16,053.5367
Stock, par	178.7878	<u>(1)</u>
value \$.01	<u>(2)</u>	
per share		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 132.95	11/24/2015		M	3,547	02/16/2013(3)	02/16/2022	Common Stock	3,547
Stock Options (Right to Buy)	\$ 126.78	11/24/2015		M	3,362	03/13/2014(4)	03/13/2023	Common Stock	3,362

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

SCHULMAN EDWARD M C/O AVALONBAY COMMUNITIES, INC. BALLSTON TOWER, 671 N. GLEBE RD., ARLINGTON, VA 22203

EVP-General Counsel

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Signatures

Catherine T. White, as attorney-in-fact under Power of Attorney dated February 23, 2009

11/25/2015

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- This transaction was executed in multiple trades at prices ranging from \$178.710 to \$178.905. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 16, 2012 which became exercisable in three equal installments beginning on February 16, 2013.
- (4) The options exercised were included in options granted under the issuer's stock option and incentive plan on March 13, 2013 which became exercisable in three equal installments beginning on March 13, 2014.
- (5) Following the reported transaction, the reporting person holds a total of 7,184 options to purchase the issuer's common stock granted on various dates and with varying exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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