## Edgar Filing: MOSZKOWSKI NEAL - Form 4

MOSZKOWS Form 4 May 21, 2010									
Check thi if no long subject to Section 10 Form 4 or Form 5 obligation may conti See Instru 1(b).	<b>4</b> UNITED s box er <b>STATEN</b> 6. Filed pur Section 17(	<b>IENT OI</b> rsuant to S a) of the I	Wa F CHAN Section T Public U	<b>ISHINGTON</b> NGES IN SECUI 16(a) of th Utility Hol	, D.C. 2 BENE RITIES ne Secur Iding Co	<b>0549</b> F <b>ICIAL O</b> ities Excha	E COMMISSIO WNERSHIP OF ange Act of 1934, t of 1935 or Secti 1940	N OMB Number: Expires: Estimated burden hor response.	urs per
(Print or Type R	Responses)								
1. Name and A MOSZKOW	2. Issuer Name <b>and</b> Ticker or Trading Symbol INTEGRA LIFESCIENCES HOLDINGS CORP [IART]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 311 C ENTERPRISE DR			3. Date of Earliest Transaction (Month/Day/Year) 05/19/2010			X_ Director10% Owner Officer (give titleOther (specify below)			
(Street) 4. If Amendment, Date Filed(Month/Day/Year) PLAINSBORO, NJ 08536				-	al	<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting Person</li> </ul>			
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivativ	e Securities A	Acquired, Disposed	of, or Beneficia	lly Owned
	2. Transaction Date (Month/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8) Code V	Dispose (Instr. 3,	(A) or d of (D) 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.  Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.									

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	D
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Se

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	(A) or Disposed (D)	Disposed of (D) (Instr. 3, 4,				
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non qualified stock Option (right to buy)	\$ 41.75	05/19/2010		А	7,500		<u>(1)</u>	05/19/2018	Common Stock	7,500
Non Qualified Stock Option (right to buy)	\$ 41.75	05/19/2010		А	5,749		<u>(1)</u>	05/19/2018	Common Stock	5,749

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
1 8	Director	10% Owner	Officer	Other		
MOSZKOWSKI NEAL 311 C ENTERPRISE DR PLAINSBORO, NJ 08536	Х					
Signatures						
/s/ Kathryn Lamping;						

Attorney-in-Fact 05/20/2010

<u>\*\*</u>Signature of Reporting Person

Date

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) 25% of the stock options vest every quarter from the grant date of 5/19/2010

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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