#### GROSS ROBERT G

Form 4

November 12, 2009

## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB

Check this box if no longer subject to

Washington, D.C. 20549

3235-0287 Number: January 31, Expires:

2005

**OMB APPROVAL** 

Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Estimated average burden hours per response... 0.5

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * GROSS ROBERT G			2. Issuer Name <b>and</b> Ticker or Trading Symbol MONRO MUFFLER BRAKE INC [MNRO]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last) (First) (Middle) 200 HOLLEDER PARKWAY		, ,	3. Date of Earliest Transaction (Month/Day/Year) 11/10/2009	X Director 10% OwnerX Officer (give title Other (specify below) CEO		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
ROCHESTER, NY 14615				Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative S	ecurit	ies Acqui	red, Disposed of	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	nount of 6. 7 rities Ownership Inc ficially Form: Be ed Direct (D) Ov		
_			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock							455,313	D	
Common Stock	11/10/2009	11/10/2009	J <u>(1)</u>	91,000	D	\$ 31.25	364,313	D	
Common Stock	11/10/2009	11/10/2009	M	120,000	A	\$ 17.35	484,313	D	
Common Stock	11/12/2009	11/12/2009	J(2)	1,000	D	\$ 30.21	483,313	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

### Edgar Filing: GROSS ROBERT G - Form 4

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**SEC 1474** 

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of 6. Date Exercisable and Expiration Date Securities (Month/Day/Year)  Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount of Number of Shares
Stock Option (Right to	\$ 17.35	11/10/2009	11/10/2009	M	120,000	05/19/2005	05/18/2010	Common Stock	120,000

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
Transfer and the same	Director	10% Owner	Officer	Other			
GROSS ROBERT G 200 HOLLEDER PARKWAY ROCHESTER, NY 14615	X		CEO				

## **Signatures**

Buy)

/s/ Maureen E. Mulholland as POA for Robert G.

Gross 11/12/2009

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- As permitted pursuant to the terms of the 1998 Employee Stock Option Plan, the reporting person delivered these securities to the Issuer in order to pay for the exercise of options reported on Tables 1 and II and certain personal tax obligations related to such exercise. The securities were valued at the average between the closing high \$31.97 and low \$30.52 sales prices for the Issuer's stock on November 10, 2009, the date on which the reporting person exercised the options and surrendered the shares.
- As permitted pursuant to the terms of the 1998 Employee Stock Option Plan, the reporting person delivered these securities to the Issuer in order to pay for the exercise of options reported on Tables 1 and II and certain personal tax obligations related to such exercise. The securities were valued at the average between the closing high \$30.61 and low \$29.80 sales prices for the Issuer's stock on November 12, 2009, the date on which the reporting person surrendered the shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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