Edgar Filing: HARRIS MICHAEL E - Form 4

HARRIS MI Form 4	CHAEL E											
August 06, 2	009											
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL			
Check this box									OMB Number:	3235-0287		
if no long subject to Section 1 Form 4 o	ger STATEM 6. r		OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							January 31, 2005 verage s per 0.5		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type F	Responses)											
HARRIS MICHAEL E Symbol				er Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer				
		[HIW]					(Check all applicable)					
	(First) (N VOODS PROPER SMOKETREE C		3. Date of (Month/E 08/04/2	-	ansaction			Director X Officer (give below) Executive V		Owner r (specify c COO		
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)						Applicable Line)	. Individual or Joint/Group Filing(Check pplicable Line) X_ Form filed by One Reporting Person			
RALEIGH,	NC 27604							Form filed by M Person	ore than One Re	porting		
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	Securi	ties Acqu	uired, Disposed of,	or Beneficial	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		n Date, if	3. Transactio Code (Instr. 8) Code V	4. Securiti n(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	08/04/2009	08/04/2	009	S		D	\$ 27.75	131,385	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date	3A Deemed	4.	5.	6. Date Exer	cisable and	7. Tit	le and	8. Price of	9. Nu
Derivative	2. Conversion	(Month/Day/Year)	Execution Date, if		ionNumber	Expiration E		Amou		Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day	/Year)	Under	rlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities	3		(Instr	. 3 and 4)		Owne
	Security				Acquired						Follo
	2				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						,
					4, and 5)						
					.,						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title	Number		
						Excleisable	Date		of		
				Code V	7 (A) (D)				Shares		
_											

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
HARRIS MICHAEL E C/O HIGHWOODS PROPERTIES, INC. 3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604			Executive Vice President & COO					
Signatures								
/s/ Willis B. Howard Attorney-in-fact for M Harris	ichael E.	(08/06/2009					
<u>**</u> Signature of Reporting Person			Date					
Explanation of Response	es:							

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.