#### **ROWAN COMPANIES INC**

Form 4 March 09, 2009

### FORM 4

#### **OMB APPROVAL**

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** 3235-0287 Number: January 31, Expires:

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

2005 Estimated average burden hours per response... 0.5

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and . KELLER N	Symbo	2. Issuer Name <b>and</b> Ticker or Trading Symbol ROWAN COMPANIES INC [RDC]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (		3. Date of Earliest Transaction (Month/Day/Year)			_	(Cneck	all applicable	) Owner	
2800 POST 5450	UITE 03/06	03/06/2009				X Officer (give title Other (specify below)  Executive V.P Business Dev.				
	(Street)		Filed(Month/Day/Year) A				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
HOUSTON	N, TX 77056					Pe	Form filed by Mo erson	ore than One Rep	porting	
(City)	(State)	(Zip) Ta	ble I - Non-	Derivative	Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code	4. Securit or Dispos (Instr. 3,	sed of	` /	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/06/2009		M	15,000	A	\$ 4.0625	113,329 (1)	D		
Common Stock	03/06/2009		S	7,825	D	\$ 11.5507 (2)	105,504 (1)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of ionDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securition (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee stock option (right to buy)	\$ 4.0625	03/06/2009		M		15,000	04/22/2000(3)	04/22/2009	Common Stock	15,0

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

KELLER MARK A 2800 POST OAK BLVD SUITE 5450 HOUSTON, TX 77056

Executive V.P. - Business Dev.

### **Signatures**

/s/ Melanie M. Trent, Attorney-in-Fact 03/09/2009

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 52,361 shares of restricted stock and 4,513 shares held in a savings plan.
- (2) Price reflects weighted average price of all shares sold; the sales prices ranged from \$11.53 to \$11.58 per share.
- (3) This option vested in four equal installments on April 22, 2000, 2001, 2002 and 2003.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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