FRITSCH EDWARD J

Form 4/A March 05, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** FRITSCH EDWARD J			2. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC [HIW]				6	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)				X Director 10% Owner Nother (give title Other (specify			
C/O HIGHWOODS PROPERTIES, INC., 3100 SMOKETREE COURT, SUITE 600			03/05/2	007				below) Pres	below) sident & CEO	
50112 000	(544)		4 TC A	1		,			: ./G F:1:	(61. 1
	Filed			Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person		
RALEIGH,	02/2//2007					Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secui	rities Acqu	ired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	e) Execution any		3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	02/23/2007			M	400	A	\$ 11.626	269,354	D	
Common Stock	02/23/2007			S	400	D	\$ 46.74	268,954	D	
Common Stock	02/23/2007			M	400	A	\$ 11.626	269,354	D	
Common Stock	02/23/2007			S	400	D	\$ 46.53	268,954	D	
	02/23/2007			M	200	A		269,154	D	

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Common Stock					\$ 11.626			
Common Stock	02/23/2007	S	200	D	\$ 46.52	268,954	D	
Common Stock	02/23/2007	M	200	A	\$ 11.626	269,154	D	
Common Stock	02/23/2007	S	200	D	\$ 46.51	268,954	D	
Common Stock	02/23/2007	M	4,300	A	\$ 11.626	273,254	D	
Common Stock	02/23/2007	S	4,300	D	\$ 46.5	268,954	D	
Common Stock						166,554 <u>(1)</u>	D	
Common Stock						70	I	Children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			(Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common Stock (option to exercise)	\$ 11.626	02/23/2007		M		5,500	(2)	02/28/2010	Common Stock	5,500	\$

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
FRITSCH EDWARD J C/O HIGHWOODS PROPERTIES, INC. 3100 SMOKETREE COURT, SUITE 600 RALFIGH NC 27604	X		President & CEO					

Signatures

/s/Mack D. Pridgen, III for Edward J. Fritsch

03/05/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Form Amemended to reflect correct number of common shares outstanding following most recent transaction. Incorrect number of outstanding shares previously reported.
- (2) Option vests ratably on the first through fourth anniversaries of grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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