

HIGHWOODS PROPERTIES INC  
 Form 4  
 February 22, 2007

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL  
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 PRIDGEN MACK D III

2. Issuer Name and Ticker or Trading Symbol  
 HIGHWOODS PROPERTIES INC  
 [HIW]

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)  
 \_\_\_ Director \_\_\_ 10% Owner  
 Officer (give title below) \_\_\_ Other (specify below)  
 VP, General Counsel

(Last) (First) (Middle)  
 C/O HIGHWOODS PROPERTIES, INC., 3100 SMOKETREE COURT, SUITE 600

3. Date of Earliest Transaction (Month/Day/Year)  
 02/20/2007

(Street)  
 RALEIGH, NC 27604

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 \_\_\_ Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	02/20/2007		S	100	D \$ 45.49	360,135	D
Common Stock	02/20/2007		S	100	D \$ 45.45	360,035	D
Comon Stock	02/20/2007		S	200	D \$ 45.43	359,835	D
Common Stock	02/20/2007		S	3,160	D \$ 45.42	356,675	D
	02/20/2007		S	1,400	D	355,275	D

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Common Stock					\$ 45.41		
Common Stock	02/20/2007	S	11,378	D	\$ 45.4	343,897	D
Common Stock	02/20/2007	S	9,400	D	\$ 45.39	334,497	D
Common Stock	02/20/2007	S	6,223	D	\$ 45.38	328,274	D
Common Stock	02/20/2007	S	3,722	D	\$ 45.37	324,552	D
Common Stock	02/20/2007	S	14,177	D	\$ 45.36	310,375	D
Common Stock	02/20/2007	S	6,300	D	\$ 45.35	304,075	D
Common Stock	02/20/2007	S	2,300	D	\$ 45.34	301,775	D
Common Stock	02/20/2007	S	1,000	D	\$ 45.33	300,775	D
Common Stock	02/20/2007	S	1,100	D	\$ 45.32	299,675	D
Common Stock	02/20/2007	S	2,100	D	\$ 45.31	297,575	D
Common Stock	02/20/2007	S	500	D	\$ 45.3	297,075	D
Common Stock	02/20/2007	S	1,500	D	\$ 45.29	295,575	D
Common Stock	02/20/2007	S	100	D	\$ 45.28	295,475	D
Common Stock	02/20/2007	S	500	D	\$ 45.27	294,975	D
Common Stock	02/20/2007	S	900	D	\$ 45.26	294,075	D
Common Stock	02/20/2007	S	900	D	\$ 45.25	293,175	D
Common Stock	02/20/2007	S	600	D	\$ 45.24	292,575	D
Common Stock	02/20/2007	S	100	D	\$ 45.22	292,475	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not**

SEC 1474  
(9-02)

