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WINTE IAMES

Form 4										
October 23,	ЛЛ							-	PPROVAL	
	UNITED	STATES		RITIES A Ashington			COMMISSION	NOMB Number:	3235-0287	
Check t if no lor subject Section Form 4	to STATEN 16.	TEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							January 31, 2005 average urs per . 0.5	
Form 5 obligati may con <i>See</i> Inst 1(b).	ons ntinue. Section 17((a) of the H	Public U	ding Cor		nge Act of 1934, of 1935 or Sectio 940	on			
(Print or Type	Responses)									
WHITE JAMES S				er Name an			5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)	SUPERIOR BANCORP [SUPR] 3. Date of Earliest Transaction				(Che	ck all applicabl	e)	
17 NORTH 20TH STREET			(Month/Day/Year) 10/22/2008				Director 10% Owner X Officer (give title Other (specify below) below) Chief Financial Officer			
			4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
BIRMING	HAM, AL 35203						Person	wore than one k	eporting	
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Securities A	cquired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3, 4	(A) or of (D)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	or (D) Price	(Instr. 3 and 4)			
Reminder: Re	port on a separate line	e for each cla	ass of sec	urities bene	ficially ow	ned directly of	or indirectly.			
							pond to the colle		SEC 1474	

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	of Underlying
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	Securities

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8	(Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Instr. 3 and 4)		(
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
employee stock option (right to buy)	\$ 5.41	10/22/2008		А		25,000		<u>(1)</u>	10/22/2018	common stock	25,000	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
WHITE JAMES 17 NORTH 20TH STREET BIRMINGHAM, AL 35203			Chief Financial Officer					
Signatures								
William H. Caughran, attorney-in-fact		10/23/200	8					
**Signature of Reporting Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Stock option vests upon the earlier of October 22, 2013 or (a) 50% on the date on which the 10-day average trading price of Superior (1) Bancorp common stock is at least \$13.25 per share and (b) 50% on the date on which the 10-day average trading price of Superior

Bancorp common stock is at least \$15.25 per share and (6) 50% on the date on which the fo-day average trading price of Superior Bancorp common stock is at least \$16.25 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.