VERESCHAGIN ALEX A JR

Form 4

November 18, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

(Print or Type Responses)

	Address of Reporting Po AGIN ALEX A JR	Symbol	2. Issuer Name and Ticker or Trading Symbol TRICO BANCSHARES / [tcbk]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Mi	3. Date of (Month/Da	3. Date of Earliest Transaction (Month/Day/Year) 11/18/2004			_X_ Director Officer (giv below)		e) 6 Owner er (specify		
(City)	(Street)	Filed(Mont	ndment, Dat	C			6. Individual or Joint/Group Filing(Che Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reportin Person			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Table	3. Transactic Code (Instr. 8) Code V	4. Securi	ties l (A) o l of (D	or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/18/2004		X	8,000	A	\$0	129,424	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Numb orDerivati Securitie Acquired Disposed (Instr. 3, 5)	ve es d (A) or d of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shares
Options for Common Stock	\$ 8.05	11/18/2004		X		4,000	05/08/2002	05/08/2011	Common Stock	4,000
Options for Common Stock	\$ 12.6	11/18/2004		X		4,000	05/13/2004	05/13/2013	Common Stock	4,000
Options for Common Stock	\$ 12.125	11/18/2004		X	4,000		05/14/2003	05/14/2012	Common Stock	4,000
Options for Common	\$ 17.4	11/18/2004		X	4,000		05/04/2004	05/04/2014	Common Stock	4,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
VERESCHAGIN ALEX A JR							
	X						

Signatures

Stock

Suzanne Youngs "Power of Attorney" 11/18/2004

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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