

CareTrust REIT, Inc.  
Form 8-K  
April 20, 2015

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d)**  
**of the Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): April 15, 2015**

**CareTrust REIT, Inc.**

**(Exact name of registrant as specified in its charter)**

**Maryland**  
**(State or other jurisdiction**

**of incorporation)**

**905 Calle Amanecer, Suite 300,**

**001-36181**  
**(Commission**

**File Number)**

**46-3999490**  
**(IRS Employer**

**Identification No.)**

**92673**

**San Clemente, CA**  
**(Address of principal executive offices)** **(Zip Code)**  
**Registrant's telephone number, including area code: (949) 542-3130**

**Not Applicable**

**(Former name or former address, if changed since last report.)**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

On April 15, 2015, Christopher R. Christensen resigned from the Board of Directors of CareTrust REIT, Inc. ( CareTrust ). He noted that the primary objective of his board service was to help, as the CEO of The Ensign Group, Inc., the company from which CareTrust was spun off in June 2014, transition the new company smoothly through the spin-off and start-up processes. With the legal and operational separation of the two companies substantially complete, he concluded that his work on the CareTrust Board of Directors was done. His resignation was effective immediately.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: April 20, 2015

CARETRUST REIT, INC.

By: /s/ Gregory K. Stapley  
Gregory K. Stapley  
President and Chief Executive Officer