

BlackRock Energy & Resources Trust
Form N-Q
March 26, 2012

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM N-Q

**QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED
MANAGEMENT INVESTMENT COMPANY**

Investment Company Act file number 811-21656

Name of Fund: BlackRock Energy and Resources Trust (BGR)

Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809

Name and address of agent for service: John M. Perlowski, Chief Executive Officer, BlackRock Energy and

Resources Trust, 55 East 52nd Street, New York, NY 10055

Registrant's telephone number, including area code: (800) 882-0052, Option 4

Date of fiscal year end: 10/31/2012

Date of reporting period: 01/31/2012

Item 1 Schedule of Investments

Schedule of Investments January 31, 2012 (Unaudited)

BlackRock Energy and Resources Trust (BGR)

(Percentages shown are based on Net Assets)

| Common Stocks | Shares | Value |
|--|-----------|--------------|
| Energy Equipment & Services 19.3% | | |
| Baker Hughes, Inc. (a) | 101,700 | \$ 4,996,521 |
| Cameron International Corp. (a)(b)(c) | 486,000 | 25,855,200 |
| Core Laboratories NV (a) | 91,900 | 9,762,537 |
| Halliburton Co. (a) | 600,000 | 22,068,000 |
| National Oilwell Varco, Inc. (a) | 396,100 | 29,303,478 |
| Schlumberger Ltd. (a) | 138,700 | 10,426,079 |
| Superior Energy Services, Inc. (a)(b)(c) | 205,300 | 5,853,103 |
| Technip SA | 176,800 | 16,655,027 |
| Tecnicas Reunidas SA | 254,500 | 9,252,732 |
| Transocean Ltd. (a) | 317,200 | 15,003,560 |
| Weatherford International Ltd. (a)(b) | 606,300 | 10,149,462 |
| | | 159,325,699 |
| Metals & Mining 2.7% | | |
| Goldcorp, Inc. (a) | 96,200 | 4,655,118 |
| Pan American Silver Corp. (a) | 177,100 | 4,052,048 |
| Silver Wheaton Corp. (a) | 377,000 | 13,424,970 |
| | | 22,132,136 |
| Oil, Gas & Consumable Fuels 77.1% | | |
| Alpha Natural Resources, Inc. (a)(b)(c) | 1,775,114 | 35,715,292 |
| AltaGas Ltd. | 513,100 | 15,494,832 |
| Anadarko Petroleum Corp. (a) | 454,400 | 36,679,168 |
| Apache Corp. (a) | 220,000 | 21,753,600 |
| Bonanza Creek Energy, Inc. (b) | 725,000 | 11,832,000 |
| Cabot Oil & Gas Corp. (a) | 394,600 | 12,587,740 |
| Cheniere Energy, Inc. (a)(b)(c) | 2,166,600 | 27,710,814 |
| Chesapeake Midstream Partners LP | 233,900 | 6,804,151 |
| Cimarex Energy Co. (a) | 161,300 | 9,416,694 |
| Concho Resources, Inc. (a)(b) | 73,100 | 7,796,846 |
| Consol Energy, Inc. (a) | 280,100 | 10,010,774 |
| Crescent Point Energy Corp. (a) | 336,400 | 15,385,763 |
| Crew Energy, Inc. (a)(b) | 890,200 | 12,162,900 |
| DCP Midstream Partners LP | 242,600 | 11,812,194 |
| Denbury Resources, Inc. (a)(b)(c) | 765,200 | 14,431,672 |
| El Paso Corp. | 623,900 | 16,764,193 |
| Energy XXI (Bermuda) Ltd. (a)(b) | 464,700 | 15,256,101 |
| EQT Corp. (a) | 497,100 | 25,113,492 |
| EXCO Resources, Inc. (a) | 623,300 | 4,899,138 |
| Keyera Corp. | 467,567 | 21,897,822 |
| Kodiak Oil & Gas Corp. (a)(b)(c) | 827,700 | 7,507,239 |
| Kosmos Energy Ltd. (a) | 1,041,500 | 13,081,240 |
| Magnum Hunter Resources Corp. (a)(b)(c) | 766,000 | 4,511,740 |
| MarkWest Energy Partners LP (a) | 415,700 | 24,093,972 |
| NuVista Energy Ltd. (a)(b) | 589,300 | 2,550,675 |
| Occidental Petroleum Corp. (a) | 381,400 | 38,052,278 |
| ONEOK Partners LP (a)(c) | 375,800 | 21,089,896 |
| Pembina Pipeline Corp. | 301,800 | 8,072,480 |
| Petroleo Brasileiro SA - ADR | 596,500 | 16,660,245 |
| Plains All American Pipeline LP (a) | 187,200 | 14,601,600 |
| QEP Resources, Inc. (a) | 215,400 | 6,169,056 |

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| | | |
|--|---------------|--------------|
| Range Resources Corp. (a) | 559,300 | 32,170,936 |
| Royal Dutch Shell Plc, Class A - ADR (a) | 253,700 | 18,104,032 |
| SM Energy Co. (a) | 83,900 | 6,089,462 |
| Southwestern Energy Co. (a)(b)(c) | 489,000 | 15,227,460 |
| Targa Resources Partners LP | 147,200 | 5,780,544 |
| Trilogy Energy Corp. | 194,400 | 6,058,642 |
| Whiting Petroleum Corp. (a)(b) | 846,000 | 42,376,140 |
| Common Stocks | Shares | Value |

Oil, Gas & Consumable Fuels (concluded)

| | | |
|--------------------------|---------|------------------------------|
| Williams Partners LP (a) | 319,400 | \$ 19,927,366 635,650,189 |
|--------------------------|---------|------------------------------|

Total Common Stocks 99.1%

817,108,024

Rights

Oil, Gas & Consumable Fuels 0.0%

| | | |
|---|--------|--|
| Magnum Hunter Resources Corp., Expires 08/29/2013(b)(c) | 70,300 | |
|---|--------|--|

Total Long-Term Investments

(Cost \$690,915,604) 99.1%

817,108,024

Short-Term Securities

| | | |
|--|------------|------------|
| BlackRock Liquidity Funds, TempFund, Institutional Class, 0.15% (d)(f) | 10,406,961 | 10,406,961 |
|--|------------|------------|

**Beneficial
Interest
(000)**

| | | |
|--|-----------|------------|
| BlackRock Liquidity Series, LLC Money Market Series, 0.09% (d)(e)(f) | \$ 23,885 | 23,884,718 |
|--|-----------|------------|

Total Short-Term Securities

(Cost \$34,291,679) 4.1%

34,291,679

Total Investments Before Outstanding Options Written

(Cost \$725,207,283*) 103.2%

851,399,703

Options Written

Contracts

Exchange-Traded Call Options (1.0)%

| | | |
|---|-------|-----------|
| Alpha Natural Resources, Inc.: | | |
| Strike Price USD 25, Expires 2/20/12 | 637 | (3,504) |
| Strike Price USD 23, Expires 3/19/12 | 2,470 | (187,718) |
| Anadarko Petroleum Corp.: | | |
| Strike Price USD 75, Expires 2/20/12 | 330 | (207,900) |
| Strike Price USD 77.50, Expires 2/20/12 | 330 | (141,900) |
| Strike Price USD 85, Expires 2/20/12 | 100 | (7,800) |
| Strike Price USD 80, Expires 3/19/12 | 830 | (336,150) |
| Apache Corp., Strike Price USD 100, Expires 3/19/12 | 770 | (292,600) |
| Baker Hughes, Inc.: | | |
| Strike Price USD 49, Expires 2/20/12 | 200 | (28,600) |
| Strike Price USD 50, Expires 4/23/12 | 155 | (43,322) |

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Cabot Oil & Gas Corp.:

Strike Price USD 38.75, Expires 2/20/12

460

(6,900)

Strike Price USD 42.50, Expires 2/20/12

300

(3,000)

Strike Price USD 35, Expires 4/23/12

620

(110,050)

JANUARY 31, 2012

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Schedule of Investments (continued)

BlackRock Energy and Resources Trust (BGR)

(Percentages shown are based on Net Assets)

| Options Written | Contracts | Value |
|---|------------------|--------------|
| Exchange-Traded Call Options (continued) | | |
| Cameron International Corp.: | | |
| Strike Price USD 54, Expires 3/19/12 | 800 | \$ (178,708) |
| Strike Price USD 55, Expires 4/23/12 | 800 | (227,310) |
| Cheniere Energy, Inc.: | | |
| Strike Price USD 10, Expires 2/20/12 | 1,504 | (428,640) |
| Strike Price USD 11, Expires 2/20/12 | 124 | (24,800) |
| Strike Price USD 10, Expires 3/19/12 | 1,000 | (320,000) |
| Strike Price USD 11, Expires 3/19/12 | 2,000 | (505,000) |
| Strike Price USD 12, Expires 3/19/12 | 876 | (164,250) |
| Strike Price USD 13, Expires 3/19/12 | 1,000 | (140,000) |
| Strike Price USD 14, Expires 3/19/12 | 250 | (25,000) |
| Strike Price USD 16, Expires 3/19/12 | 400 | (18,000) |
| Cimarex Energy Co., Strike Price USD 60, Expires 3/19/12 | 195 | (47,775) |
| Concho Resources, Inc.: | | |
| Strike Price USD 100, Expires 2/20/12 | 180 | (137,700) |
| Strike Price USD 105, Expires 2/20/12 | 50 | (19,750) |
| Strike Price USD 100, Expires 3/19/12 | 30 | (28,500) |
| Strike Price USD 105, Expires 3/19/12 | 30 | (18,600) |
| Consol Energy, Inc., Strike Price USD 40, Expires 2/20/12 | 920 | (11,040) |
| Core Laboratories NV, Strike Price USD 120, Expires 2/20/12 | 330 | (11,550) |
| Crescent Point Energy Corp., Strike Price CAD 47, Expires 3/19/12 | 1,180 | (38,247) |
| Crew Energy, Inc., Strike Price CAD 13, Expires 3/19/12 | 2,060 | (215,718) |
| Denbury Resources, Inc.: | | |
| Strike Price USD 17, Expires 2/20/12 | 200 | (40,000) |
| Strike Price USD 19, Expires 3/19/12 | 2,480 | (260,400) |
| Energy XXI (Bermuda) Ltd.: | | |
| Strike Price USD 36, Expires 2/20/12 | 250 | (12,500) |
| Strike Price USD 35, Expires 3/19/12 | 1,380 | (175,950) |
| EQT Corp., Strike Price USD 55, Expires 3/19/12 | 500 | (38,750) |
| EXCO Resources, Inc., Strike Price USD 11, Expires 2/20/12 | 935 | (9,350) |
| Goldcorp, Inc., Strike Price USD 46, Expires 3/19/12 | 335 | (118,925) |
| Halliburton Co., Strike Price USD 36, Expires 2/20/12 | 1,800 | (290,700) |
| Kodiak Oil & Gas Corp.: | | |
| Strike Price USD 10, Expires 2/20/12 | 250 | (4,375) |
| Strike Price USD 10, Expires 3/19/12 | 490 | (23,275) |
| Kosmos Energy Ltd.: | | |
| Strike Price USD 13.50, Expires 3/26/12 | 335 | (13,508) |
| Strike Price USD 15, Expires 4/23/12 | 500 | (15,000) |
| Magnum Hunter Resources Corp., Strike Price USD 7.50, Expires 5/21/12 | 600 | (18,000) |
| MarkWest Energy Partners LP: | | |
| Strike Price USD 55, Expires 2/20/12 | 300 | (89,250) |
| Strike Price USD 55, Expires 3/19/12 | 1,156 | (352,580) |
| National Oilwell Varco, Inc.: | | |
| Strike Price USD 70, Expires 2/20/12 | 700 | (346,500) |
| Strike Price USD 77.50, Expires 2/20/12 | 200 | (18,300) |
| Strike Price USD 80, Expires 3/19/12 | 500 | (61,250) |
| NuVista Energy Ltd., Strike Price CAD 5, Expires 4/23/12 | 1,030 | (25,681) |
| Options Written | Contracts | Value |
| Exchange-Traded Call Options (concluded) | | |
| Occidental Petroleum Corp.: | | |
| Strike Price USD 95, Expires 2/20/12 | 240 | \$ (138,600) |
| Strike Price USD 105, Expires 3/19/12 | 1,095 | (183,412) |
| ONEOK Partners LP, Strike Price USD 55, Expires 4/23/12 | 250 | (64,375) |
| Pan American Silver Corp., Strike Price USD 24, Expires 4/23/12 | 310 | (49,600) |

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| | | |
|--|---------|--------------------|
| Plains All American Pipeline LP, Strike Price USD 77.50, Expires 3/19/12 | 600 | (87,000) |
| QEP Resources, Inc., Strike Price USD 35, Expires 3/19/12 | 220 | (11,000) |
| Range Resources Corp.: | | |
| Strike Price USD 65, Expires 2/20/12 | 1,055 | (58,025) |
| Strike Price USD 62.50, Expires 3/19/12 | 905 | (196,838) |
| Royal Dutch Shell Plc, Class A - ADR, Strike Price USD 75, Expires 2/20/12 | 650 | (13,000) |
| Schlumberger Ltd.: | | |
| Strike Price USD 75, Expires 2/20/12 | 100 | (20,500) |
| Strike Price USD 75, Expires 3/19/12 | 385 | (125,125) |
| Silver Wheaton Corp.: | | |
| Strike Price USD 33, Expires 3/19/12 | 660 | (239,250) |
| Strike Price USD 34, Expires 3/19/12 | 660 | (196,020) |
| SM Energy Co.: | | |
| Strike Price USD 75, Expires 2/20/12 | 75 | (10,875) |
| Strike Price USD 77.50, Expires 3/26/12 | 220 | (56,757) |
| Southwestern Energy Co.: | | |
| Strike Price USD 34, Expires 2/20/12 | 730 | (23,360) |
| Strike Price USD 35, Expires 2/20/12 | 730 | (15,330) |
| Strike Price USD 34, Expires 3/19/12 | 250 | (24,000) |
| Superior Energy Services, Inc., Strike Price USD 30, Expires 3/19/12 | 720 | (93,600) |
| Transocean Ltd., Strike Price USD 50, Expires 3/19/12 | 700 | (93,450) |
| Weatherford International Ltd., Strike Price USD 17, Expires 3/19/12 | 2,120 | (213,060) |
| Whiting Petroleum Corp.: | | |
| Strike Price USD 50, Expires 2/20/12 | 358 | (59,070) |
| Strike Price USD 52.50, Expires 2/20/12 | 342 | (23,940) |
| Strike Price USD 55, Expires 2/20/12 | 800 | (20,000) |
| Strike Price USD 52.50, Expires 3/19/12 | 660 | (127,050) |
| Strike Price USD 55, Expires 3/19/12 | 800 | (92,000) |
| Williams Partners LP: | | |
| Strike Price USD 60, Expires 3/19/12 | 500 | (133,750) |
| Strike Price USD 65, Expires 3/19/12 | 300 | (9,000) |
| Total Exchange-Traded Call Options | | (8,222,313) |
| Over-the-Counter Call Options (0.2)% | | |
| Bonanza Creek Energy, Inc.: | | |
| Strike Price USD 14.82, Expires 2/24/12, Broker Goldman Sachs & Co. | 100,000 | (160,650) |
| Strike Price USD 17, Expires 3/09/12, Broker Goldman Sachs & Co. | 100,000 | (46,900) |
| Cimarex Energy Co., Strike Price USD 66.04, Expires 2/22/12, Broker Morgan Stanley & Co., Inc. | 37,000 | (9,486) |

Schedule of Investments (continued)

BlackRock Energy and Resources Trust (BGR)

(Percentages shown are based on Net Assets)

| Options Written | Contracts | Value |
|---|------------------|-----------------------|
| Over-the-Counter Call Options (continued) | | |
| DCP Midstream Partners LP, Strike Price USD 48.39, Expires 3/14/12, Broker Deutsche Bank Securities Corp. | 73,000 | \$ (115,729) |
| EQT Corp.: | | |
| Strike Price USD 57.25, Expires 2/09/12, Broker Citigroup Global Markets, Inc. | 72,000 | (227) |
| Strike Price USD 50.99, Expires 3/09/12, Broker Morgan Stanley & Co., Inc. | 50,000 | (91,902) |
| Kodiak Oil & Gas Corp., Strike Price USD 10.10, Expires 3/06/12, Broker Morgan Stanley & Co., Inc. | 216,000 | (70,682) |
| Kosmos Energy Ltd., Strike Price USD 14.17, Expires 2/15/12, Broker Morgan Stanley & Co., Inc. | 100,000 | (5,298) |
| Magnum Hunter Resources Corp.: | | |
| Strike Price USD 5.76, Expires 2/10/12, Broker Deutsche Bank Securities Corp. | 135,000 | (32,395) |
| Strike Price USD 6.19, Expires 2/24/12, Broker Morgan Stanley & Co., Inc. | 60,000 | (15,538) |
| ONEOK Partners LP: | | |
| Strike Price USD 58.88, Expires 2/24/12, Broker Deutsche Bank Securities Corp. | 20,000 | (4,319) |
| Strike Price USD 57.10, Expires 3/22/12, Broker Deutsche Bank Securities Corp. | 85,900 | (68,300) |
| Petroleo Brasileiro SA - ADR: | | |
| Strike Price USD 24.92, Expires 2/28/12, Broker UBS Securities LLC | 122,500 | (397,792) |
| Strike Price USD 25.67, Expires 2/28/12, Broker Goldman Sachs & Co. | 35,000 | (93,664) |
| Strike Price USD 28.26, Expires 3/12/12, Broker UBS Securities LLC | 51,000 | (45,407) |
| QEP Resources, Inc., Strike Price USD 30.01, Expires 2/07/12, Broker Deutsche Bank Securities Corp. | 53,000 | (8,109) |
| Options Written | Contracts | Value |
| Over-the-Counter Call Options (concluded) | | |
| Royal Dutch Shell Plc, Class A - ADR, Strike Price USD 73.48, Expires 2/08/12, Broker UBS Securities LLC | 70,000 | \$ (12,180) |
| Targa Resources Partners LP, Strike Price USD 39.17, Expires 2/24/12, Broker UBS Securities LLC | 30,000 | (29,147) |
| Technip SA, Strike Price EUR 73.75, Expires 2/29/12, Broker UBS Securities LLC | 73,400 | (171,578) |
| Tecnicas Reunidas SA, Strike Price EUR 25.25, Expires 2/03/12, Broker Morgan Stanley & Co., Inc. | 89,000 | (296,394) |
| Transocean Ltd., Strike Price USD 45.98, Expires 2/29/12, Broker Goldman Sachs & Co. | 40,000 | (102,708) |
| Trilogy Energy Corp., Strike Price CAD 32.01, Expires 4/10/12, Broker Morgan Stanley & Co., Inc. | 68,000 | (82,398) |
| Williams Partners LP, Strike Price USD 60, Expires 2/06/12, Broker Deutsche Bank Securities Corp. | 25,000 | (59,750) |
| Total Over-the-Counter Call Options | | (1,920,553) |
| Total Options Written | | |
| (Premiums Received \$9,004,925) (1.2)% | | (10,142,866) |
| Total Investments Net of Outstanding Options Written 102.0% | | 841,256,837 |
| Liabilities in Excess of Other Assets (2.0)% | | (16,704,149) |
| Net Assets 100.0% | | \$ 824,552,688 |

* As of January 31, 2012, gross unrealized appreciation and gross unrealized depreciation based on cost for federal income tax purposes were as follows:

| | |
|-------------------------------|----------------|
| Tax cost | \$ 729,598,789 |
| Gross unrealized appreciation | \$ 190,616,706 |
| Gross unrealized depreciation | (68,815,792) |
| Net unrealized appreciation | \$ 121,800,914 |

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- (a) All or a portion of security has been pledged/segregated as collateral in connection with outstanding options written.
- (b) Non-income producing security.
- (c) Security, or a portion of security, is on loan.
- (d) Represents the current yield as of report date.
- (e) Security was purchased with the cash collateral from loaned securities.
- (f) Investments in companies considered to be an affiliate of the Trust during the period, for purposes of Section 2(a)(3) of the Investment Company Act of 1940, as amended, were as follows:

| | Shares/ Beneficial Interest | | Shares/ Beneficial Interest | | |
|--|--------------------------------|----------------|--------------------------------|----------|----------|
| | Held at | | Held at | | |
| | October 31, | Net | January 31, | Realized | |
| | 2011 | Activity | 2012 | Gain | Income |
| Affiliate | | | | | |
| BlackRock Liquidity Funds, TempFund, Institutional Class | 14,873,138 | (4,466,177) | 10,406,961 | \$412 | \$7,051 |
| BlackRock Liquidity Series, LLC Money Market Series | \$60,660,178 | \$(36,775,460) | \$23,884,718 | | \$41,598 |

Foreign currency exchange contracts as of January 31, 2012 were as follows:

| Currency Purchased | Currency | | Counterparty | Settlement Date | Unrealized Depreciation |
|--------------------|---------------|-------------|--------------|-----------------|-------------------------|
| | Sold | | | | |
| | | RBS | | | |
| | | Securities, | | | |
| CAD 1,108,000 | USD 1,111,431 | Inc. | | 2/02/12 | \$ (6,415) |

For Trust compliance purposes, the Trust's industry classifications refer to any one or more of the industry sub-classifications used by one or more widely recognized market indexes or ratings group indexes, and/or as defined by Trust management. These definitions may not apply for purposes of this report, which may combine industry sub-classifications for reporting ease.

JANUARY 31, 2012

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Schedule of Investments (concluded)

BlackRock Energy and Resources Trust (BGR)

Fair Value Measurements Various inputs are used in determining the fair value of investments and derivative financial instruments. These inputs are categorized into a disclosure hierarchy consisting of three broad levels for financial reporting purposes as follows:

Level 1- unadjusted price quotations in active markets/exchanges for identical assets and liabilities

Level 2 - other observable inputs (including, but not limited to: quoted prices for similar assets or liabilities in markets that are active, quoted prices for identical or similar assets or liabilities in markets that are not active, inputs other than quoted prices that are observable for the assets or liabilities (such as interest rates, yield curves, volatilities, prepayment speeds, loss severities, credit risks and default rates) or other market-corroborated inputs)

Level 3 - unobservable inputs based on the best information available In the circumstances, to the extent observable inputs are not available (including the Trust's own assumptions used in determining the fair value of investments and derivative financial instruments)
Changes in valuation techniques may result in transfers in or out of an assigned level within the disclosure hierarchy. The categorization of a value determined for investments and derivative financial instruments is based on the pricing transparency of the investment and derivative financial instrument and does not necessarily correspond to the Trust's perceived risk of investing in those securities. For information about the Trust's policy regarding valuation of investments and derivative financial instruments and other significant accounting policies, please refer to the Trust's most recent financial statements as contained in its annual report.

The following tables summarize the inputs used as of January 31, 2012 in determining the fair valuation of the Trust's investments and derivative financial instruments:

| Valuation Inputs | Level 1 | Level 2 | Level 3 | Total |
|-----------------------------|----------------------|---------------------|---------|----------------------|
| Assets: | | | | |
| Investments: | | | | |
| Long-Term Investments: | | | | |
| Common Stocks: | | | | |
| Energy Equipment & Services | \$133,417,940 | \$25,907,759 | | \$159,325,699 |
| Metals & Mining | 22,132,136 | | | 22,132,136 |
| Oil, Gas & Consumable Fuels | 635,650,189 | | | 635,650,189 |
| Rights | | | | |
| Short-Term Securities | 10,406,961 | 23,884,718 | | 34,291,679 |
| Total | \$801,607,226 | \$49,792,477 | | \$851,399,703 |

| Valuation Inputs | Level 1 | Level 2 | Level 3 | Total |
|---|----------------------|----------------------|---------|-----------------------|
| Derivative Financial Instruments ¹ | | | | |
| Liabilities: | | | | |
| Equity contracts | \$(7,746,030) | \$(2,396,836) | | \$(10,142,866) |
| Foreign Currency Contracts | (6,415) | | | (6,415) |
| Total | \$(7,746,030) | \$(2,396,836) | | \$(10,142,866) |

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¹ Derivative financial instruments are foreign currency exchange contracts and options. Foreign currency exchange contracts are valued at the unrealized appreciation/depreciation on the instrument and options are shown at value.

Portfolio Abbreviations

To simplify the listings of portfolio holdings in the Trust's Schedule of Investments, the names and descriptions of many securities have been abbreviated according to the following list:

ADR American Depositary Receipt
CAD Canadian Dollar

EUR Euro
USD US Dollar

Item 2 Controls and Procedures

- 2(a) The registrant's principal executive and principal financial officers, or persons performing similar functions, have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the 1940 Act)) are effective as of a date within 90 days of the filing of this report based on the evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act and Rule 13a-15(b) under the Securities Exchange Act of 1934, as amended.
- 2(b) There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

Item 3 Exhibits

Certifications Attached hereto

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Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BlackRock Energy and Resources Trust

By: /s/ John M. Perlowski
John M. Perlowski
Chief Executive Officer (principal executive officer) of
BlackRock Energy and Resources Trust
Date: March 23, 2012

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By: /s/ John M. Perlowski
John M. Perlowski
Chief Executive Officer (principal executive officer) of
BlackRock Energy and Resources Trust
Date: March 23, 2012

By: /s/ Neal J. Andrews
Neal J. Andrews
Chief Financial Officer (principal financial officer) of
BlackRock Energy and Resources Trust
Date: March 23, 2012