INNOVATIVE FOOD HOLDINGS INC Form 10-Q August 20, 2012

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION Washington D. C. 20549

FORM 10-Q

X	Quarterly report pursuant to Section 13 or 15(d) of the Securities and Exchange	Act of	f 1934
	For the quarterly period ended June 30, 2012		

o Transition report pursuant to Section 13 or 15(d) of the Exchange Act For the transition period from ______ to _____.

Commission File Number: 0-9376

INNOVATIVE FOOD HOLDINGS, INC. (Exact Name of Registrant as Specified in its Charter)

Florida (State of or Other Jurisdiction of Incorporation or Organization) 20-1167761 (IRS Employer I.D. No.)

3845 Beck Blvd., Suite 805 Naples, Florida 34114 (Address of Principal Executive Offices)

(239) 596-0204 (Registrant's Telephone Number, Including Area Code)

Indicate by check mark whether the registrant: (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. YES x NO o

Indicate by check mark whether the registrant has submitted electronically and posted on its corporate web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files). YES x NO o

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definitions of "large accelerated filer", "accelerated filer" and "smaller reporting company" in Rule 12b-2 of the Exchange Act.

(Check One):

Large Accelerated filer o

Non-accelerated filer o

County of the county

Indicate by check mark whether the registrant is a shell company (as defined in Regulation 12b-2 of the Exchange Act): YES o NO x

State the number of shares outstanding of each of the issuer's classes of common stock, as of the latest practicable date: 5,659,130 shares of common stock outstanding (post reverse-split) as of August 5, 2012.

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INNOVATIVE FOOD HOLDINGS, INC.

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PART I. FINANCIAL INFORMATION

ITEM 1 - CONDENSED CONSOLIDATED FINANCIAL STATEMENTS

Innovative Food Holdings, Inc. and Subsidiaries Condensed Consolidated Balance Sheets

ASSETS Current assets		June 30, 2012 inaudited)	De	2011
Cash and cash equivalents	\$	688,655	\$	862,464
Accounts receivable net		1,059,019		493,700
Inventory		404,734		42,312
Other current assets		13,753		5,420
Total current assets		2,166,161		1,403,896
Property and equipment, net		171,549		18,222
Trade name		217,000		-
Non-compete		244,000		-
Customer relationships		415,000		-
Implied goodwill		151,000		-
Total assets	\$	3,364,710	\$	1,422,118
LIABILITIES AND (DEFICIENCY IN) STOCKHOLDERS' EQUITY Current liabilities				
Accounts payable and accrued liabilities	\$	1,406,024	\$	925,790
Accounts payable and accrued habilities Accrued liabilities - related parties	φ	75,280	φ	157,080
Accrued interest, net		678,935		663,691
Accrued interest, net Accrued interest - related parties, net		34,602		29,396
Notes payable, current portion, net of discount		336,012		978,982
Notes payable - related parties, current portion		130,500		130,500
Warrant liability		2,185,068		500,825
Options liability		419,832		161,884
Conversion option liability		1,957,383		1,245,761
Contingent purchase price liability		131,000		1,245,761
Total current liabilities		7,354,636		4,793,909
Total cultent matrices		7,33-1,030		4,775,707
Note payable - long term portion, net of discount		904,913		_
Total liabilities		8,259,549		4,793,909
		5,207,017		.,.,,,,,,,
(Deficiency in) stockholder's equity				
Common stock, \$0.0001 par value; 500,000,000 shares authorized; 5,873,801	5	87	4	587
shares issued (post reverse-split)				

and 5,659,130 shares outstanding (post reverse-split) at June 30, 2012 and December 31, 2011		
Additional paid-in capital	3,838,196	3,774,287
Common stock subscribed	68,336	61,034
Treasury stock, 304 and 304 shares outstanding (post reverse-split)	(99)	(99)
Accumulated deficit	(8,801,859)	(7,207,600)
Total (deficiency in) stockholder's equity	(4,894,839)	(3,371,791)
Total liabilities and (deficiency in) stockholders' equity	\$ 3,364,710	\$ 1,422,118

See notes to these unaudited condensed consolidated financial statements.

Innovative Food Holdings, Inc. and Subsidiaries Condensed Consolidated Statements of Operations (UNAUDITED)

	Fo	Months Ended June 30, 2012	F	or the Three Months Ended June 30, 2011]	For the Six Months Ended June 30, 2012	Ι	For the Six Months Ended June 30, 2011
Revenue	\$	4,352,871	\$	2,776,276	\$	7,638,178	\$	5,247,806
Cost of goods sold		3,160,614 1,192,257		2,038,708 737,568		5,772,596 1,865,582		3,930,850 1,316,956
Selling, general and administrative expenses Total operating expenses		1,122,172 1,122,172		473,157 473,157		1,781,809 1,781,809		928,719 928,719
Operating income		70,085		264,411		83,773		388,237
Other (income) expense: Interest expense (Gain) from the extinguishment of debt Cost of warrant extension (Gain) loss from change in fair value of warrant liability (Gain) loss from change in fair value of conversion option liability		52,682 - 842,100 75,356 89,569		209,996 (165,325) - (154,789) (188,075)		98,751 - 842,100 269,177 468,004		386,099 (165,325) - (299,468) (265,801)
Total other (income) expense		1,059,707		(298,193)		1,678,032		(344,495)
Income (Loss) before income taxes		(989,622)		562,604		(1,594,259)		732,732
Income tax expense		-		-		-		-
Net income (loss)	\$	(989,622)	\$	562,604	\$	(1,594,259)	\$	732,732
Net income (loss) per share - basic	\$	(0.168)	\$	0.137	\$	(0.271)	\$	0.180
Net income (loss) per share - diluted	\$	(0.168)	\$	0.038	\$	(0.271)	\$	0.049
Weighted average shares outstanding - basic		5,873,801		4,107,435		5,873,801		4,077,733
Weighted average shares outstanding - diluted		5,873,801		14,854,285		5,873,801		14,854,285

See notes to these unaudited condensed consolidated financial statements.

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Innovative Food Holdings, Inc. and Subsidiaries

Condensed Consolidated Statements of Cash Flows (UNAUDITED)

For the Six

Months

For the Six

Months

	Ended June 30, 2012	Ended June 30, 2011
Cash flows from operating activities:		
Net income (loss)	\$ (1,594,259) \$	732,732
Adjustments to reconcile net income (loss) to net cash used in operating activities:		
Depreciation and amortization	14,584	7,852
Amortization of intangible assets		
Amortization of discount on notes payable	1,308	234,615
Amortization of discount on accrued interest	43,863	82,800
Value of shares issued in settlement	7,302	-
Value of options issued to officer and directors	186,299	-
Value of extension of term of warrants	842,100	-
Gain on the extinguishment of debt and accrued interest	-	(165,325)
Change in fair value of warrant liability	269,177	(299,468)
Change in fair value of option liability	71,351	(64,573)
Change in fair value of conversion option liability	468,004	(265,801)
Changes in assets and liabilities:		
Accounts receivable, net	(103,078)	26,356
Inventory	(76,070)	-
Prepaid expenses and other current assets	-	1,275
Accounts payable and accrued expenses - related party	(76,594)	(28,068)
Accounts payable and accrued expenses	(81,190)	(37,000)
Net cash (used in) provided by operating activities	(27,203)	225,395
Cash flows from investing activities:		
Payment to acquire Artisan Specialty Foods, net	(1,176,605)	-
Proceeds received on loan	-	1,500
Purchase of treasury stock	-	(99)
Acquisition of property and equipment	(29,717)	(8,126)
Net cash used in investing activities	(1,206,322)	(6,725)
Cash flows from financing activities:		
Proceeds from issuance of notes payable	1,080,000	-
Principal payments on debt	(20,284)	-
Principal payments on notes payable	-	(151,472)
Principal payments on notes payable - related parties	-	(50,000)
Net cash (used in) provided by financing activities	1,059,716	(201,472)
(Decrease) increase in cash and cash equivalents	(173,809)	17,198

Cash and cash equivalents at beginning of period	862,464	518,082
Cash and cash equivalents at end of period	\$ 688,655 \$	535,280

See notes to these unaudited condensed consolidated financial statements.

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Innovative Food Holdings, Inc. and Subsidiaries Condensed Consolidated Statements of Cash Flows (UNAUDITED) (continued)

]	or the Six Months Ended June 30, 2012		For the Six Months Ended June 30, 2011
Supplemental disclosure of cash flow information:				
Cash paid during the period for:				
Interest	\$	33,118	\$	31,304
Taxes	\$	-	\$	-
Conversion of notes payable and accrued interest to common stock	\$	-	\$	32,355
	4		Φ.	210 101
Conversion of notes payable and accrued interest to common stock subscribed	\$	-	\$	210,494
	ф	7.202	Ф	
Commitment to issue shares charged to common stock subscribed	\$	7,302	\$	-
See notes to these unaudited condensed consolidated financial	state	ments		

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INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

1. BASIS OF PRESENTATION

Basis of Presentation

The accompanying unaudited interim condensed consolidated financial statements of Innovative Food Holdings, Inc., and its wholly owned subsidiaries, Artisan Specialty Foods, Inc. ("Artisan"), Food Innovations, Inc. ("FII"), Food New Media Group, Inc. ("FNM"), Gourmet Foodservice Group, Inc. ("GFG"), and 4 The Gourmet, Inc (d/b/a For The Gourmet, Inc.) ("Gourmet") (collectively, the "Company, or "IVFH"), have been prepared pursuant to the rules and regulations of the Securities and Exchange Commission. FNM currently holds the Company's intellectual property rights related to its private label brand. All material intercompany transactions have been eliminated upon consolidation of these entities.

The accompanying unaudited interim condensed consolidated financial statements have been prepared by the Company, in accordance with generally accepted accounting principles pursuant to Regulation S-X of the Securities and Exchange Commission and with the instructions to Form 10-Q. Certain information and footnote disclosures normally included in audited consolidated financial statements prepared in accordance with generally accepted accounting principles have been condensed or omitted. Accordingly, these interim financial statements should be read in conjunction with the Company's financial statements and related notes as contained in Form 10-K for the year ended December 31, 2011. In the opinion of management, the interim unaudited condensed consolidated financial statements reflect all adjustments, including normal recurring adjustments, necessary for fair presentation of the interim periods presented. The results of the operations for the three and six months ended June 30, 2012 are not necessarily indicative of the results of operations to be expected for the full year.

2. NATURE OF ACTIVITIES AND SIGNIFICANT ACCOUNTING POLICIES

Business Activity

FII is in the business of providing premium white tablecloth restaurants with the freshest origin-specific perishables and specialty food products direct from its network of vendors to the end users (restaurants, hotels, country clubs, national chain accounts, casinos, and catering houses) within 24 - 72 hours.

For The Gourmet Inc., through its website www.forthegourmet.com, and through additional sales channels, provides the highest quality gourmet food products to the retail consumer market under the For The Gourmet line We currently sell the majority of our products through a distributor relationship between FII and Next Day Gourmet, L.P., a subsidiary of U.S. Foods ("USF"), a \$20 Billion broad line distributor. On May 18, 2012, the Company executed a Stock Purchase Agreement to acquire all of the issued and outstanding shares of Artisan Specialty Foods, Inc., an Illinois corporation ("Artisan"), Artisan was previously a supplier to the Company. Artisan Specialty Foods is a supplier of over 1,500 niche gourmet products to over 500 customers in the Chicago area.

Use of Estimates

The preparation of these financial statements requires us to make estimates and judgments that affect the reported amounts of assets, liabilities, revenues and expenses, and related disclosure of contingent assets and liabilities. These estimates include certain assumptions related to doubtful accounts receivable, stock-based services, valuation of

financial instruments, and income taxes. On an on-going basis, we evaluate these estimates, including those related to revenue recognition and concentration of credit risk. We base our estimates on historical experience and on various other assumptions that are believed to be reasonable under the circumstances, the results of which form the basis for making judgments about the carrying values of assets and liabilities that are not readily apparent from other sources. Actual results may differ from these estimates under different assumptions or conditions. We believe our estimates have not been materially inaccurate in past years, and our assumptions are not likely to change in the foreseeable future.

On August 25, 2005, the Company entered into contracts which obligated the company under certain circumstances to issue shares of common stock in excess of the number of shares of common stock authorized. Under accounting guidance provided by FASB ASC 815-40-05, effective August 25, 2005 the Company began to account for all derivative financial instruments, including warrants, conversion features embedded in notes payable, and stock options, via the liability method of accounting. Accordingly, all these instruments are valued at issuance utilizing the Black-Scholes valuation method, and are re-valued at each period ending date, also using the Black-Scholes valuation method. Any gain or loss from revaluation is charged to operations during the period.

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INNOVATIVE FOOD HOLDINGS, INC.

NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

Going Concern

The accompanying unaudited condensed consolidated financial statements have been prepared in conformity with accounting principles generally accepted in the United States of America, which contemplate continuation of the Company as a going concern. The Company's current liabilities exceeded its current assets by \$5,188,475 as of June 30, 2012. In addition, the Company has reported a net loss for the three and six months ended June 30, 2012, due primarily to non-cash items related to the revaluation of warrant liability and conversion option liability.

The Company is working to manage its current liabilities while it continues to make changes in operations to further improve its cash flow and liquidity position. Management believes the Company will generate sufficient capital from operations and from debt and equity financing in order to satisfy current liabilities in the succeeding twelve months. Management's belief is based on the Company's operating plans, which in turn is based on assumptions that may prove to be incorrect.

If the Company's cash flow from operations is insufficient, the Company may require additional financing in order to execute its operating plan and continue as a going concern. The Company cannot predict whether this additional financing will be in the form of equity or debt, or be in another form. The Company may not be able to obtain the necessary additional capital on a timely basis, on acceptable terms, or at all. In any of these events, the Company may be unable to implement its current plans for expansion, repay its debt obligations as they become due or respond to competitive pressures, any of which circumstances would have a material adverse effect on its business, prospects, financial condition and results of operations. The Company has not made any adjustments to the unaudited condensed consolidated financial statements which would be necessary should the Company not be able to continue as a going concern.

Significant Recent Accounting Pronouncements

Management does not believe that any recently issued, but not yet effective, accounting standards if currently adopted would have a material effect on the accompanying unaudited condensed consolidated financial statements.

3. ACQUISITION OF ARTISAN SPECIALTY FOODS, INC.

On May 18, 2012, the Company executed a Stock Purchase Agreement to acquire all of the issued and outstanding shares of Artisan Specialty Foods, Inc., an Illinois corporation ("Artisan"), from its owner, Mr. David Vohaska. The purchase price was \$1.2 million, with up to another \$300,000 (with a fair value of \$131,000) payable in the event certain financial milestones are met over the next one or two years. The purchase price was primarily financed via a loan from Alpha Capital Aktiengesselschaft (see note 10) in the principal amount of \$1,200,000. Prior to the acquisition, Artisan was a vendor and had sold products to the Company.

The total purchase price was allocated to Artisan's net tangible assets, with the residual allocated to intangible assets:

Closing cash payment	\$ 1,200,000
Contingent purchase price	131,000
Total purchase price	\$ 1,331,000

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Tangible assets acquired	\$ 918,515
Liabilities assumed	614,515(*)
Net tangible assets	304,000
Trade name	217,000
Non-compete agreement	244,000
Customer relationships	415,000
Implied goodwill	151,000
Total purchase price	\$ 1,331,000

^(*) excluding the Line of Credit paid off with closing cash payment

INNOVATIVE FOOD HOLDINGS, INC.

NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

Pro forma results

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The following tables set forth the unaudited pro forma results of the Company as if the acquisition of Artisan had taken place on the first day of the periods presented. These combined results are not necessarily indicative of the results that may have been achieved had the companies always been combined.

		Three months ended June 30,					
		2012			2011		
Total revenues	\$	4,981,14	7	\$	3,725,	164	
Net income attributable to Innovative							
Food Holdings, Inc.		(1,073,0	88)		(727,0)	22	
Basic net income (loss)per common share	\$	(0.183))	\$	(0.177)		
Diluted net income (loss)per common							
share	\$	(0.183))	\$	(0.049)		
Weighted average shares - basic		5,873,8	01		4,107,4	135	
Weighted average shares - diluted		5,873,8	01		14,854	,285	
		Six mon	ths en	ided Ju	ine 30,		
		2012			2011		
Total revenues	\$	9,340,340		\$	6,924,343		
Net income attributable to Innovative							
Food Holdings, Inc.		(1,400,695	5)		(500,357)	
Basic net income (loss)per common share	\$	(0.238))	\$	(0.123))	
Diluted net income (loss)per common							
share	\$	(0.238))	\$	(0.034))	
	Ψ	(- ·	,				
Weighted average shares - basic	Ψ	5,873,80	1	·	4,077,733		
Weighted average shares - basic Weighted average shares - diluted	Ψ	`			`		

4. ACCOUNTS RECEIVABLE

At June 30, 2012 and December 31, 2011, accounts receivable consists of:

	June 30,	Dε	ecember 31,
	2012		2011
Accounts receivable from customers	\$ 1,146,934	\$	504,744
Allowance for doubtful accounts	(87,915)		(11,044)
Accounts receivable, net	\$ 1,059,019	\$	493,700

5. INVENTORY

Inventory consists of specialty products which are warehoused in Naples, Florida and Lyons, Illinois, and prepaid meat products held by Company's meat vendors. At June 30, 2012 and December 31, 2011, finished goods inventory is as follows:

June 30, December 31,

	2012	2011
Finished goods inventory	\$ 404,734	\$ 42,312

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

6. PROPERTY AND EQUIPMENT

A summary of property and equipment at June 30, 2012 and December 31, 2011, is as follows:

		D	ecember 31,
	Jun	e 30, 2012	2011
Computer Equipment	\$	414,222 \$	321,716
Warehouse Equipment		7,733	_
Furniture and Fixtures		109,184	74,850
Vehicles		33,238	_
		564,377	396,566
Less accumulated depreciation and			
amortization		(392,828)	(378,344)
Total	\$	171,549 \$	18,222

Depreciation and amortization expense for property and equipment amounted to \$11,707 and \$4,362 for the three months ended June 30, 2012 and, 2011, respectively. Depreciation and amortization expense amounted to \$14,584 and \$7,852 for the six months ended June 30, 2012 and, 2011, respectively.

7. INTANGIBLE ASSETS

The Company acquired the following intangible assets pursuant to the acquisition of Artisan Specialty Foods (see note 3):

	June 30, 2012
Trade name	\$ 217,000
Non-compete agreement	244,000
Customer relationships	415,000
Implied goodwill	151,000
	\$ 1,027,000

Amortization expense for intangible assets amounted to \$0 and \$0 for the three and six months ended June 30, 2012 and, 2011, The Company will commence amortization of these assets effective July 1, 2012.

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

8. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

Accounts payable and accrued liabilities at June 30, 2012 and December 31, 2011 are as follows:

	June 30,	De	ecember 31,
	2012		2011
Trade payables	\$ 1,402,308	\$	891,785
Accrued payroll and commissions	3,716		34,005
Total accounts payable and accrued			
liabilities - non-related parties	\$ 1,406,024	\$	925,790

At June 30, 2012 and December 31, 2011, accrued liabilities to related parties consisted of accrued payroll and payroll related benefits.

9. ACCRUED INTEREST

Accrued interest on the Company's convertible notes payable is convertible at the option of the note holders into the Company's common stock at \$0.25 (post reverse-split). There is a beneficial conversion feature embedded in the convertible accrued interest, which can be exercised at any time by the note holders. The Company is amortizing this beneficial conversion feature over the life of the related notes payable. Certain of the notes payable have exceeded their stated terms, and are still outstanding; in those instances, the Company expenses the value of the beneficial conversion feature on the accrued interest immediately.

Certain of the accrued interest are convertible in to shares of the Company's common stock at \$0.25 per share (post reverse-split). At June 30, 2012, convertible accrued interest was \$709,036 which is convertible into 2,836,144 shares (post reverse-split) of common stock; at December 31, 2011, convertible accrued interest was \$693,087 which was convertible into 2,772,348 shares (post reverse-split) of common stock.

10. NOTES PAYABLE AND NOTES PAYABLE TO RELATED PARTIES

	June 30,	December 31,
	2012	2011
Convertible secured note payable in the original amount of \$350,000 originally \$	263,500	\$ 263,500
payable to Alpha Capital Anstalt (f/k/a/ Alpha Capital Aktiengesselschaft) ("Alpha		
Capital"), dated February 25, 2005. This note consists of \$100,000 outstanding		
under a previous note payable which was cancelled on February 25, 2005, and		
\$250,000 of new borrowings. We did not meet certain of our obligations under the		
loan documents relating to this issuance. These lapses include not reserving the		
requisite number of treasury shares, selling subsequent securities without offering a		
right of first refusal, not complying with reporting obligations, not having our		
common shares quoted on the OTC:BB and not timely registering certain		
securities. This note entered technical default status on May 16, 2005. The note		
originally carried interest at the rate of 8% per annum, and was due in full on		
February 24, 2007. Upon default, the note's interest rate increased to 15% per		

annum, and the note became immediately due. This note contains a cross default provision. The note is convertible into common stock of the Company at a conversion price of \$0.25 (post reverse-split) per share. A beneficial conversion feature in the amount of \$250,000 was recorded as a discount to the note, and was amortized to interest expense during the twelve months ended December 31, 2005. Accrued interest is convertible into common stock of the Company at a conversion price of \$.025 (post reverse-split) per share. Interest in the amount of \$5,256 and \$6,659 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$10,511 and \$13,464 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the twelve months ended December 31, 2006 the note holder converted \$5,000 into shares of common stock. During the twelve months ended December 31, 2006 the holder of the note converted \$27,865 of accrued interest into common stock. In April 2009, the noteholder agreed to waive the default interest rate of 15%, and the note resumed accruing interest at the rate of 8% per annum. During the year ended December 31, 2011, the note holder converted \$81,500 of principal and \$46,793 of accrued interest into 513,172 (post reverse-split) shares of common stock. This note was initially past due at December 31, 2008. This note was previously extended until January 1, 2010. During the three months ended June 30, 2010, the note holder agreed to further extend the maturity date of this note until April 15, 2011. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

Reference is made to the convertible note in the amount of \$38,000 originally payable to Whalehaven Capital Fund, Ltd. ("Whalehaven"), dated December 21, 2006, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Alpha Capital in the amount of \$21,478 of principal and accrued interest in the amount of \$13,938. Interest in the amount of \$428 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$857 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

21,478 21,478

Reference is made to the convertible note in the amount of \$38,000 originally payable to Whalehaven, dated December 21, 2006, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Osher Capital Partners LLC in the amount of \$9,638 of principal and accrued interest in the amount of \$6,254. Interest in the amount of \$191 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$382 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

9,638 9,638

Reference is made to the convertible note in the amount of \$38,000 originally payable to Whalehaven, dated December 21, 2006, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Assameka Capital Inc. in the amount of \$6,884 of principal and accrued interest in the amount of \$4,467. Interest in the amount of \$137 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$275 and

6,884 6,884

\$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

	June 30, 2012	December 31, 2011
Reference is made to the convertible note payable in the amount of \$50,000 to Whalehaven dated February 25, 2005, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Alpha Capital in the amount of \$22,609 of principal and accrued interest in the amount of \$7,778. Interest in the amount of \$452 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$904 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	22,609	22,609
		·
Reference is made to the convertible note payable in the amount of \$50,000 to Whalehaven dated February 25, 2005, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Osher Capital Partners LLC in the amount of \$10,145 of principal and accrued interest in the amount of \$3,490. Interest in the amount of \$203 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$405 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	10,145	10,145
Reference is made to the convertible note payable in the amount of \$50,000 to		
Whalehaven dated February 25, 2005, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Assameka Capital, Inc. in the amount of \$7,246 of principal and accrued interest in the amount of \$2,493. Interest in the amount of \$145 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$289 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further		
extend the maturity date of this note until October 3, 2013.	7,246	7,246
Convertible note payable in the original amount of \$30,000 to Huo Hua dated May 9, 2005. The note bears interest at the rate of 8% per annum, has no provisions for a default or past due rate and was due in full on October 12, 2006. The note is convertible into common stock of the Company at a conversion price of \$0.25 (post reverse-split) per share. A beneficial conversion feature in the amount of \$30,000 was recorded as a discount to the note, and was amortized to interest expense during the twelve months ended December 31, 2005 and 2006. Accrued interest is convertible into common stock of the Company at a price of \$0.25 (post reverse-split) per share. Interest in the amount of \$400 and \$390 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$808 and \$785 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the twelve months ended December	20,000	20,000

31, 2006, the note holder converted \$10,000 of principal into common stock.

Convertible secured note payable in the amount of \$120,000 to Alpha Capital dated August 25, 2005. We did not meet certain of our obligations under the loan documents relating to this issuance. These lapses include not reserving the requisite number of treasury shares, selling subsequent securities without offering a right of first refusal, not complying with reporting obligations, not having our common shares quoted on the OTC:BB and not timely registering certain securities. This note was in technical default as of November 13, 2005. The note originally carried interest at the rate of 8% per annum, and was due in full on August 25, 2007. Upon default, the note's interest rate increased to 15% per annum and the note became immediately due. This note contains a cross default provision. The note is convertible into common stock of the Company at a conversion price of \$0.25 (post reverse-split) per share. A beneficial conversion feature in the amount of \$120,000 was recorded as a discount to the note, and was amortized to interest expense when the note entered default status in November 2005. Accrued interest is convertible into common stock of the Company at a price of \$0.25 (post reverse-split) per share. Interest in the amount of \$1,995 and \$1,995 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$3,716 and \$3,967 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the year ended December 31, 2010, the noteholder converted principal in the amount of \$20,000 into common stock. During the year ended December 31, 2009, the noteholder agreed to waive the default interest rate of 15%, and the note resumed accruing interest at the rate of 8% per annum. Also during the year ended December 31, 2009, the noteholder agreed to extend the maturity date of this note until January 1, 2010. During the year ended December 31, 2010, the noteholder agreed to extend the maturity date of this note until June 15, 2010. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

100,000

100,000

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

	June 30, 2012	December 31, 2011
Reference is made to the convertible secured note payable originally in the amount of \$30,000 to Whalehaven dated August 25, 2005, disclosed in prior reports. On September 21, 2011, a portion of this note was sold to Alpha in the amount of \$15,287 of principal and accrued interest in the amount of \$1,342. Interest in the amount of \$306 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$611 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	15,287	15,287
Reference is made to the convertible secured note payable in the amount of \$30,000 to Whalehaven dated August 25, 2005, disclosed in prior reports. On September 21, 2011, a portion of this note was sold to Osher Capital Partners LLC in the amount of \$6,860 of principal and accrued interest in the amount of \$602. Interest in the amount of \$137 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$275 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	6,860	6,860
Reference is made to the convertible secured note payable in the amount of \$30,000 to Whalehaven dated August 25, 2005, disclosed in prior reports. On September 21, 2011, a portion of this note was sold to Assameka Capital, Inc. in the amount of \$4,900 of principal and accrued interest in the amount of \$430. Interest in the amount of \$97 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$194 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	4,900	4,900
Convertible secured note payable in the original amount of \$25,000 to Asher Brand, dated August 25, 2005. We did not meet certain of our obligations under the loan documents relating to this issuance. These lapses include not reserving the requisite number of treasury shares, selling subsequent securities without offering a right of first refusal, not complying with reporting obligations, not having our common shares quoted on the OTC:BB and not timely registering certain securities. This note was in technical default as of November 13, 2005. The note originally carried interest at the rate of 8% per annum, and was due in full on August 25, 2007. Upon default, the note's interest rate increased to 15% per annum and the note became immediately due. This note contains a cross default provision. The note is convertible into common stock of the Company at a conversion price of \$0.25 (post reverse-split) per share. A beneficial conversion feature in the amount of \$25,000	5,000	5,000

was recorded as a discount to the note, and was amortized to interest expense when the note entered default status in November, 2005. Accrued interest is convertible into common stock of the Company at a price of \$0.25 (post reverse-split) per share. Interest in the amount of \$100 and \$300 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$200 and \$596 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the twelve months ended December 31, 2006, the holder of the note converted \$2,000 of principal and \$3,667 of accrued interest into common stock, and during the twelve months ended December 31, 2008, the holder of the note converted an additional \$3,000 of principal into common stock. During the year ended December 31, 2009, the noteholder converted \$2,000 of principal and \$1,058 of accrued interest into common stock. During the year ended December 31, 2009, the noteholder agreed to waive the default interest rate of 15%, and the note resumed accruing interest at the rate of 8% per annum. Also, during the year ended December 31, 2009, the noteholder agreed to extend the maturity date of this note until January 1, 2010. During the year ended December 31, 2010 the noteholder converted \$3,000 of principal and \$1,043 of accrued interest into common stock. During the year ended December 31, 2011, the noteholder converted \$10,000 of principal and \$5,858 of accrued interest into common stock. Also, during the year ended December 31, 2010, the noteholder agreed to extend the maturity date of this note until April 15, 2011. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

	June 30, 2012	December 31, 2011
Convertible secured note payable in the amount of \$10,000 to Lane Ventures dated August 25, 2005. We did not meet certain of our obligations under the loan documents relating to this issuance. These lapses include not reserving the requisite number of treasury shares, selling subsequent securities without offering a right of first refusal, not complying with reporting obligations, not having our common shares quoted on the OTC:BB and not timely registering certain securities. This note was in technical default at November 13, 2005. The note originally carried interest at the rate of 8% per annum, and was due in full on August 25, 2007. Upon default, the note's interest rate increased to 15% per annum and the note became immediately due. This note contains a cross default provision. The note is convertible into common stock of the Company at a conversion price of \$0.25 (post reverse-split) per share. A beneficial conversion feature in the amount of \$10,000 was recorded as a discount to the note, and was amortized to interest expense when the note entered default status in November, 2005. Accrued interest is convertible into common stock of the Company at a price of \$0.25 (post reverse-split) per share. Interest in the amount of \$119 and \$119 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$239 and \$238 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the twelve months ended December 31, 2006, the holder of the note converted \$4,000 of principal and \$1,467 of accrued interest into common stock. In April 2009, the noteholder agreed to waive the default interest rate of 15%, and the note resumed accruing interest at the rate of 8% per annum. Also in April 2009, the noteholder agreed to extend the maturity date of this note until January 1, 2010. During the year ended December 31, 2010, the noteholder agreed to extend the maturity date of this note until		
October 3, 2013.	6,000	6,000
Secured note payable in the amount of \$120,000 to Alpha Capital, dated February 7, 2006. The note originally carried interest at the rate of 15% per annum, and was originally due in full on February 7, 2007. The Company was not in compliance with various terms of this note, including making timely payments of interest, and this note was in technical default at May 8, 2006. At this time, the interest rate increased to 20% and the note became immediately due and payable. During the three months ended September 30, 2007, the Company extended the due date of the note one year, to October 31, 2007; at the same time, the Company added a convertibility feature, allowing the noteholder to convert the notes and accrued interest into common stock of the Company at a rate of \$0.25 (post reverse-split) per share. This note entered technical default on October 31, 2007. The Company recorded a discount to this note for the fair value of the conversion feature in the amount of \$95,588 and amortized this discount to interest expense when the note entered default status in October 2007. On March 12, 2008, the Company extended this note to March 4,	120,000	120,000

2009. As consideration for the extension of this notes, the Company issued five-year warrants as follows: warrants to purchase 480,000 (post reverse-split) shares of common stock at \$0.575 (post reverse-split) per share; 120,000 (post reverse-split) shares of common stock at \$0.55 (post reverse-split) per share; and 48,000 (post reverse-split) shares of common stock at \$0.25 (post reverse-split) per share. These warrants were valued via the Black-Scholes valuation method at an aggregate amount of \$126,465. This transaction was accounted for as an extinguishment of debt, and a loss of \$126,465 was charged to operations during the twelve months ended December 31, 2008. Interest in the amount of \$4,487 and \$4,487 was accrued on this note during each of the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$8,975 and \$8,926 was accrued on this note during each of the six months ended June 30, 2012 and 2011, respectively. In January 2009, the noteholder agreed to extend the maturity date of this note to April 16, 2009. In April 2009, the noteholder agreed to waive the default interest rate of 20%, and the note resumed accruing interest at the rate of 8% per annum. Also in April 2009, the noteholder agreed to extend the maturity date of this note until April 16, 2009. This note contains a cross default provision. During the year ended December 31, 2010, the noteholder agreed to extend the maturity date of this note until April 15, 2011. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

	June 30, 2012	December 31, 2011
Reference is made to the secured note payable in the amount of \$30,000 to Whalehaven dated February 7, 2006, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Alpha Capital in the amount of \$16,957 of principal and accrued interest in the amount of \$15,070. Interest in the amount of \$634 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$1,268 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. The portion sold to Alpha Capital of the note included warrants to purchase 67,826 (post reverse-split) shares of common stock at \$0.575 (post reverse-split) per share; 16,957 (post reverse-split) shares of common stock at \$0.55 (post reverse-split) per share; and 6,783 (post reverse-split) shares of common stock at \$0.25 (post reverse-split) per share. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	16,957	16,957
Reference is made the secured note payable in the amount of \$30,000 to Whalehaven dated February 7, 2006, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Osher Capital Partners LLC in the amount of \$7,609 of principal and accrued interest in the amount of \$6,762. Interest in the amount of \$285 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$570 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. The portion sold to Osher Capital Partners LLC of the note included warrants to purchase 30,435 (post reverse-split) shares of common stock at \$0.575 (post reverse-split) per share; 7,609 shares of common stock at \$0.55 (post reverse-split) per share; and 3,043 (post reverse-split) shares at \$0.25 per share. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	7,609	7,609
Reference is made to the secured note payable in the amount of \$30,000 to Whalehaven dated February 7, 2006, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Assameka Capital, Inc. in the amount of \$5,435 of principal and accrued interest in the amount of \$4,830. Interest in the amount of \$203 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the amount of \$406 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. The portion sold to Assameka Capital, Inc. of the note included warrants to purchase 21,739 (post reverse-split) shares of common stock at \$0.575 (post reverse-split) per share; 5,435 (post reverse-split) shares of common stock at \$0.55 (post reverse-split) per share; and 2,174 (post reverse-split) shares of common stock at \$0.25 (post reverse-split) per share. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	5,435	5,435

Twenty-nine convertible notes payable in the amount of \$4,500 each to Sam Klepfish, the Company's CEO and a related party, dated the first of the month beginning on November 1, 2006, issued pursuant to the Company's then employment agreement with Mr. Klepfish, which provided that the amount of \$4,500 in salary is accrued each month to a note payable. These notes bear interest at the rate of 8% per annum and have no due date. These notes and accrued interest are convertible into common stock of the Company at a rate of \$0.25 (post reverse-split) per share. Beneficial conversion features in the aggregate amount of \$9,000 for the year ended December 31, 2006, \$39,190 for the year ended December 31, 2007, and \$58,464 for the year ended December 31, 2008 was calculated using the Black-Scholes valuation model. Since these notes are payable on demand, the value of these discounts were charged immediately to interest expense. During the year ended December 31, 2011, the noteholder converted \$12,000 of accrued interest into 48,000 (post reverse-split) shares of common stock. Interest in the aggregate amount of \$2,603 and \$2,603 was accrued on these notes during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$5,206 and \$5,206 was accrued on these notes during the six months ended June 30, 2012 and 2011, respectively.

130,500

130,500

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

	June 30, 2012	December 31, 2011
Secured note payable in the amount of \$10,000 to Alpha Capital, dated May 19, 2006. The note originally carried interest at the rate of 15% per annum, and was originally due in full on November 19, 2006. The Company was not in compliance with various terms of this note, including making timely payments of interest, and this note was in technical default at February 20, 2006. At that time, the interest rate increased to 20% and the note became immediately due and payable. During the three months ended September 30, 2007, the Company extended the due date of the note one year, to October 31, 2007; at the same time, the Company added a convertibility feature, allowing the noteholder to convert the notes and accrued interest into common stock of the Company at a rate of \$0.25 (post reverse-split) per share. This note entered technical default on October 31, 2007. The Company recorded a discount to this note for the fair value of the conversion feature in the amount of \$7,966 and amortized this discount to interest expense when the note entered default status in October 2007. On March 12, 2008, the Company extended this note to March 4, 2009. As consideration for the extension of this note, the Company issued five-year warrants as follows: warrants to purchase 40,000 (post reverse-split) shares of common stock at \$0.575 (post reverse-split) per share; 10,000 (post reverse-split) shares of common stock at \$0.55 (post reverse-split) per share; and 4,000 (post reverse-split) shares of common stock at \$0.50 (post reverse-split) per share; and 4,000 (post reverse-split) shares of common stock at \$0.50 (post reverse-split) per share; and 4,000 (post reverse-split) shares of common stock at \$0.50 (post reverse-split) per share; and 4,000 (post reverse-split) shares of common stock at \$0.50 (post reverse-split) per share; and 4,000 (post reverse-split) shares of common stock at \$0.50 (post reverse-split) per share; and 4,000 (post reverse-split) shares of common stock at \$0.50 (post reverse-split) per share; and 4,000 (post	10,000	10,000
Convertible secured note payable in the amount of \$200,000 to Alpha Capital, dated	-	16,000
December 31, 2008. This note bears interest at the rate of 8% per annum, and is due in full on July 31, 2011. Principal and accrued interest is convertible into common stock of the Company at the rate of \$0.25 (post reverse-split) per share. Also issued with this note are warrants to purchase 800,000 (post reverse-split) shares of the Company's common stock at a price of \$0.25 (post reverse-split) per share. The Company calculated a discount to the note in the amount of \$200,000, and recorded		

\$0 and \$25,118 amortization for the three and six months ended June 30, 2012. Interest in the aggregate amount of \$0 and \$1,436 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$128 and \$3,337 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the years ended December 31, 2011, 2010, and 2009, the Company made principal payments on this note in the amount of \$88,000, \$80,000 and \$16,000, respectively. During the three months ended March 31, 2012, the Company made principal payment on this note in the amount of \$16,000 and a payment of \$8,000 on accrued interest. During the three months ended June 30, 2012, the Company made interest payments in the amount of \$25,118. This note contains a cross default provision.

Convertible secured note payable for the settlement of the amount owed for the penalty for the late registration of shares in the amount of \$230,000 to Alpha Capital, dated January 1, 2009. This note bears interest at the rate of 8% per annum, and was due in full on July 31, 2011. Principal and accrued interest are convertible into shares of common stock of the Company at a rate of \$0.25 (post reverse-split) per share. The Company calculated a discount to the note in the amount of \$230,000, and recorded 64,327 and \$124,067 amortization for this discount during the three and six months ended June 30, 2012. Interest in the aggregate amount of \$4,587 and \$4,587 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$9,175 and \$9,125 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. This note contains a cross default provision. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

230,000 230,000

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

	June 30, 2012	December 31, 2011
Reference is made to the convertible secured note payable for the settlement of the amount owed for the penalty for the late registration of shares in the amount of \$38,000 to Whalehaven, dated January 1, 2009, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Alpha Capital in the amount of \$21,478 of principal and accrued interest in the amount of \$7,674. Interest in the aggregate amount of \$428 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$857 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	21,478	21,478
Reference is made to the convertible secured note payable for the settlement of the amount owed for the penalty for the late registration of shares in the amount of \$38,000 to Whalehaven, dated January 1, 2009, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Osher Capital Partners LLC in the amount of \$9,638 of principal and accrued interest in the amount of \$3,443. Interest in the aggregate amount of \$191 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$382 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.	9,638	9,638
Reference is made to the convertible secured note payable for the settlement of the amount owed for the penalty for the late registration of shares in the amount of \$38,000 to Whalehaven, dated January 1, 2009, disclosed in prior reports. On September 21, 2011, a portion of that note was sold to Assameka Capital, Inc. in the amount of \$6,884 of principal and accrued interest in the amount of \$2,460. Interest in the aggregate amount of \$137 and \$0 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$275 and \$0 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3,		
2013.	6,884	6,884
Convertible secured note payable for the settlement of the amount owed for the penalty for the late registration of shares in the amount of \$25,310 to Momona Capital, dated January 1, 2009. This note bears interest at the rate of 8% per annum, and was due in full on July 31, 2011. Principal and accrued interest is convertible into shares of common stock of the Company at a rate of \$0.25 (post reverse-split) per share. The Company calculated a discount to the note in the amount of \$25,310, which was fully amortized at September 30, 2011. Interest in the aggregate	25,310	25,310

amount of \$504 and \$504 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$1,009 and \$1,003 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. This note contains a cross default provision. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

Convertible secured note payable for the settlement of the amount owed for the penalty for the late registration of shares in the amount of \$10,124 to Lane Ventures, dated January 1, 2009. This note bears interest at the rate of 8% per annum, and was due in full on July 31, 2011. Principal and accrued interest is convertible into shares of common stock of the Company at a rate of \$0.25 (post reverse-split) per share. The Company calculated a discount to the note in the amount of \$10,124, which was fully amortized at September 30, 2011. Interest in the aggregate amount of \$203 and \$203 was accrued on this note during the three months ended June 30, 2012 and 2011, respectively. Interest in the aggregate amount of \$405 and \$403 was accrued on this note during the six months ended June 30, 2012 and 2011, respectively. This note contains a cross default provision. During the three months ended June 30, 2012, the note holder agreed to further extend the maturity date of this note until October 3, 2013.

10,124 10,124

Secured convertible promissory note payable for the acquisition of Artisan Specialty Foods, Inc. to Alpha Capital, dated May 11, 2012 in the face amount of \$1,200,000 at a purchase price of \$1,080,000. The note carries simple interest at an annual rate of 4.5% and is due in full by April 2015. The note is convertible into the registrant's common stock at a fixed conversion price of \$1.00 per share. Principal and interest in the aggregate amount of \$39,163 are payable on a monthly basis beginning in September 2012. The note allows for prepayments at any time. The note also includes cross-default provisions; is secured by all of the registrant's and its subsidiaries' assets; and is guaranteed by each of the subsidiaries. As part of the transaction, the registrant also issued to the noteholder eight year warrants to purchase 1,500,000 shares (post reverse-split) at an exercise price of \$0.01 per share. 460,000 of these warrants are exercisable immediately; 240,000 of these warrants are exercisable commencing May 11, 2013; 300,000 of these warrants are exercisable commenting January 11, 2014, and 500,000 of these warrants are exercisable commencing September 11, 2014. The note had a discount in the amount of \$956,441 at inception; \$1,308 of this amount was amortized to interest expense during the three months ended June 30, 2012. Interest expense in the amount of \$4,500 was also accrued on this note during the three months ended June 30, 2012.

1,200,000 -

Note payable at an effective interest rate of 9.96% for purchase of vehicle, payable in monthly installments (including principal and interest) of \$614 through January 2015. During the three and six months ended June 30 2012, the Company paid principal and interest in the amount of \$471 and \$143, respectively, on this note.

16,567

Note payable at an effective interest rate of 8.26% for purchase of vehicle, payable in monthly installments (including principal and interest) of \$519 through June 2015. During the three and six months ended June 30 2012, the Company paid principal and interest in the amount of \$403 and \$116, respectively, on this note.

16,509 -

\$ 2,326,558 \$ 1,109,482

	For the Three	1.10114115	Ended
		e 30,	2011
	2012		2011
Discount on Notes Payable amortized to			
interest expense:	\$ 1,308	\$	133,585
	For the Six N	Months E e 30,	Ended
	2012		2011
Discount on Notes Payable amortized to			
interest expense:	\$ 1,308	\$	234,615

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INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

Conversion Options Embedded in Convertible Notes

The Company accounts for conversion options embedded in convertible notes in accordance with FASB ASC 815-10-05. ASC 815-10-05 generally requires companies to bifurcate conversion options embedded in convertible notes from their host instruments and to account for them as free standing derivative financial instruments in accordance with ASC 815-40-05.

At June 30, 2012 and December 31, 2011, the Company had outstanding \$2,293,482 and \$1,109,482 in principal, respectively, of various convertible notes with embedded conversion options accounted for as free standing derivative financial instruments in accordance with ASC 815-10-05 and ASC 815-40-05. The fair value of these embedded conversion options was \$1,957,383 and \$1,245,761 at June 30, 2012 and December 31, 2011, respectively. The fair value of these embedded conversion options were estimated at June 30, 2012 using the Black-Scholes option pricing model with the following assumptions: risk free interest rate of 0.17-0.41%; expected dividend yield of 0%; expected option life of 2.9 to 10 years; and volatility of 125.18%. The fair value of these embedded conversion options were estimated at December 31, 2011 using the Black-Scholes option pricing model with the following assumptions: risk free interest rate of 0.06%; expected dividend yield of 0%; expected option life of 10 years; and volatility114.30%. The expected term of 10 years was used for all notes in both periods which have been past due or have been in default, and accordingly the term of the note is deemed not relevant as a variable for the Black-Scholes calculation. The Company revalues the conversion options at each reporting period, and charges any change in value to operations, During the three months ended June 30, 2012 and 2011, the Company recorded a loss of \$89,569 and a gain of \$188,075 respectively, due to the change in value of the conversion option liability. During the six months ended June 30, 2012 and 2011, the Company recorded a loss of \$468,004 and a gain of \$265,801, respectively, due to the change in value of the conversion option liability.

When convertible notes payable are satisfied by payment or by conversion to equity, the Company revalues the related conversion option liability at the time of the payment or conversion. The conversion option liability is then relieved by this amount, which is charged to additional paid-in capital. During the three months ended June 30, 2012 and 2011, conversion option liabilities in the amounts of \$0 and \$385,897 were transferred from liability to equity due to the conversion or payment of the related convertible notes payable. During the six months ended June 30, 2012 and 2011, a conversion option in the amount of \$20,046 and \$418,890, respectively, was transferred from liability to equity due to the conversion or payment of the related convertible notes payable.

Discounts on notes payable

The Company calculates the fair value of any beneficial conversion features embedded in its convertible notes via the Black-Scholes valuation method. The Company also calculates the fair value of any detachable warrants offered with its convertible notes via the Black-Scholes valuation method. The instruments are considered discounts to the notes, to the extent the aggregate value of the warrants and conversion features do not exceed the face value of the notes. These discounts are amortized to interest expense via the effective interest method over the term of the notes. The fair value of these instruments is expensed to interest expense to the extent that the value of these instruments exceeds the face value of the notes. During the three months ended June 30, 2012, the Company calculated a discounts on the \$1,200,000 note payable to Alpha Capital as follows: (i) a discount in the amount of \$263,664 related to the conversion option feature of this note; (ii) a discount in the amount of \$572,777 related to the fair value of warrants issued with this note; and (iii) an original issue discount ("OID") in the amount of \$120,000. During the three months

ended June 30, 2012, these discounts were amortized to interest expense in the aggregate amount of \$1,144.

Extension of notes payable

The Company accounts for modifications of its notes payable according to the guidance in FASB ASC 470-50-40. Pursuant to ASC 470-50-40, changes to an existing note should be accounted for as an extinguishment of the note with resultant gain or loss if the present value of the cash flows from the new note varies by more than 10% from the present value of the cash flows from the original note. ASC 470-50-40 provides an exception to this rule for the addition of conversion options accounted for as a derivative liability.

During the year ended December 31, 2009, the Company negotiated the extension of its notes payable in the aggregate amount of \$587,000. The Company extended the maturity date of these notes until January 1, 2010. These notes, along with two additional notes payable in the aggregate amount of \$150,000, contained certain provisions for a default interest rate. The Company negotiated an agreement with the noteholders and the noteholders agreed to reinstate the original interest rate of 8% per annum.

During the year ended December 31, 2009, the Company negotiated the extension of certain of its notes payable in the aggregate amount of \$138,000. The Company extended the maturity date of these notes until February 15, 2010. During the year ended December 31, 2010, as described below the Company negotiated the extension of these notes payable, and the maturity dates of these notes to either June 15, 2010 or April 15, 2011.

During the year ended December 31, 2010, the Company negotiated the extension of nine of its notes payable in the aggregate amount of \$617,000, to April 15, 2011. The Company also negotiated the extension of two of its notes payable in the aggregate amount of \$130,000 until June 15, 2010. During the three months ended June 30, 2012, the Company negotiated the extension of twenty-four of its notes payable in the aggregate amount of \$942,982 to October 3, 2013.

INNOVATIVE FOOD HOLDINGS, INC.

NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

Embedded conversion features of notes payable:

The Company values embedded conversion features utilizing the Black-Scholes valuation model. Conversion options are valued upon issuance, and re-valued at each financial statement reporting date. Any change in value is charged to income or expense during the period. The following table illustrates certain key information regarding our conversion option valuation assumptions at June 30, 2012 and 2011:

	June 30,			
		2012		2011
Number of conversion options				
outstanding		5,573,924		5,013,164
Value at June 30,	\$	1,957,383	\$	1,780,875
Number of conversion options issued				
during the period		1,200,000		-
Value of conversion options issued				
during the period	\$	263,664	\$	-
Number of conversion options exercised				
or underlying				
notes paid during the period		-		1,328,000
Value of conversion options exercised or underlying				
notes paid during the period	\$		\$	385,897
Revaluation loss (gain) during the period	\$	89,569	\$	(188,075)
Black-Scholes model variables:				
Volatility	124	1.12-125.18%	92	2.52-110.66%
Dividends		-		-
Risk-free interest rates		0.4%		0.10-0.19%
Term (years)		3-10		10

11. CONTINGENT LIABILITY

Pursuant to the Artisan acquisition, the Company may be obligated to pay up to another \$300,000 (with a fair value of \$131,000) in the event certain financial milestones are met over the next one or two years (see note 3).

12. INCOME TAXES

Deferred income taxes result from the temporary differences arising from the use of accelerated depreciation methods for income tax purposes and the straight-line method for financial statement purposes, and an accumulation of net operating loss carryforwards for income tax purposes with a valuation allowance against the carryforwards for book purposes.

In assessing the realizability of deferred tax assets, management considers whether it is more likely than not that some portion or all of the deferred tax assets will not be realized. Included in deferred tax assets are Federal and State net

operating loss carryforwards of approximately \$3.7 million, which will expire beginning in 2025 through 2029. The ultimate realization of deferred tax assets is dependent upon the generation of future taxable income during the periods in which those temporary differences become deductible. Management considers the scheduled reversal of deferred tax liabilities, projected future taxable income, and tax planning strategies in making this assessment. Due to significant changes in the Company's ownership, the Company's future use of its existing net operating losses may be limited.

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INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

13. EQUITY

On June 13, 2012, the Company effected a reverse split of its common stock (the "Reverse Split") in the amount of 1-for-50. The number of shares issued and outstanding immediately before the Reverse Split were 293,692,189 and 282,956,546, respectively; the number of shares issued and outstanding immediately after the Reverse Split were 5,873,801 and 5,659,130, respectively. In addition, the proposal to authorize the Board of Directors to change the Company's domicile from Florida to Delaware was approved.

Common Stock

During the three and six months ended June 30, 2012, the Company did not have any issuances of common stock. During the three months ended June 30, 2012, the Company committed to issue 26,078 shares (post reverse-split) of common stock for settlement of a claim. The fair value of \$7,302 is included in Common Stock Subscribed on the Company's balance sheet at June 30, 2012.

Treasury Stock

During the six months ended June 30, 2012, the Company did not purchase any outstanding shares of the Company's common stock.

Warrants

The following table summarizes the significant terms of warrants outstanding at June 30, 2012. These warrants may be settled in cash or via cashless conversion into shares of the Company's common stock at the request of the warrant holder. These warrants were granted as part of a financing agreement:

		Number of	Weighted	Weighted average exercise	Number of	Weighted average exercise
	ange of	warrants	average	price of	warrants	price of
	kercise	outstanding	remaining	outstanding	exercisable	exercisable
pric	es (post	(post	contractual	warrants (post	(post	warrants (post
reve	rse-split)	reverse-split)	life (years)	reverse-split)	reverse-split)	reverse-split)
\$	0.2500	3,594,000	2.76	\$0.250	3,594,000	\$0.250
\$	0.5500	370,000	2.76	\$0.550	370,00	\$0.550
\$	0.6000	20,000	1.21	\$0.600	20,000	\$0.600
\$	0.5750	1,480,000	2.76	\$0.575	1,480,000	\$0.575
\$	0.0100	1,500,000	7.88	0.010	460,000	\$ 0.010
		6,964,000	3.86	\$0.284	5,924,00	\$0.3325

INNOVATIVE FOOD HOLDINGS, INC. NOTES TO THE CONDENSED CONSOLIDATED FINANCIAL STATEMENTS June 30, 2012 (Unaudited)

Transactions involving warrants are summarized as follows:

		Weighted	
	Number of Average		
	Warrants	Exercise Price	
	(post	(post reverse-split)	
	reverse-split)		
Warrants exercisable at December 31,			
2011	5,464,000	\$ 0.36	
Granted	1,500,000	0.010	
Exercised	-	-	
Cancelled / Expired	-	-	
Warrants outstanding at June 30, 2012	6,964,000	\$ 0.284	

During the three months ended June 30, 2012, the Company issued warrants to purchase 1,500,000 shares (post reverse-split) of common stock; the fair value of these warrants was \$572,777. The Company also extended the term of warrants to purchase 5,440,000 shares of common stock from April 3, 2012 to April 3, 2015. The fair value of this extension of \$842,100 was charged to operations during the three months ended June 30, 2012.

Options

The following table summarizes the changes outstanding and the related prices for the options to purchase shares of the Company's common stock issued by the Company:

		Weighted		Weighted
	Weighted	average		average
	average	exercise		exercise
Number of	remaining	price of	Number of	price of
options	contractual	outstanding	options	exercisable
Outstanding			Exercisable	
(post		Options (post	(post	Options (post
reverse-split)	life (years)	reverse-split)	reverse-split)	reverse-split)
1,040,000	3.18	\$0.350	1,040,000	\$ 0.350
132,500	2.75	\$0.380	132,500	\$ 0.380
132,500				
	options Outstanding (post reverse-split) 1,040,000	Number of options Outstanding (post reverse-split) 1,040,000 3.18 132,500 2.75	Weighted average exercise Number of options contractual outstanding (post Options (post reverse-split) life (years) 1,040,000 3.18 \$0.350 132,500 2.75 \$0.380	Weighted average exercise Number of options contractual outstanding (post reverse-split) life (years) reverse-split) 1,040,000 2.75 \$0.380 132,500