Edgar Filing: COLE DAVID D - Form 4

Form 4											
	ЛЛ									OMB AP	PROVAL
FORM 4 UNITED STATES				SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							3235-0287
Check this box if no longer subject to Section 16. Form 4 or				SECU	URI	TIES			Expires: Estimated av burden hours response	•	
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940											
(Print or Type	e Responses)										
1. Name and Address of Reporting Person <u>*</u> COLE DAVID D			2. Issuer Name and Ticker or Trading Symbol CENTURYTEL INC [CTL]					ing	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction						(Check all applicable)		
100 CENTURYTEL DRIVE			(Month/Day/Year) 12/09/2009						Director 10% Owner X Officer (give title Other (specify below) below) Sr.VP-Operations Support		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
MONROE	, LA 71203								Form filed by Mo Person	ore than One Rep	orting
(City)	(State)	(Zip)	Ta	ble I - Noi	n-Dei	rivative	Secu	rities Acqu	uired, Disposed of,	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. 4. Securities Acquired (A Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)			(D)	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	V A	mount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	12/09/2009			M <u>(1)</u>	85	5,000	Α	\$ 34.63	178,798.6561	D	
Common Stock	12/09/2009			S <u>(2)</u>	85	5,000	D	\$ 35.9794	93,798.6561	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)			onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		ative Expiration Date ities (Month/Day/Year) ired (A) sposed of . 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share				
Employee Stock Option (right to buy)	\$ 34.63	12/09/2009		M <u>(1)</u>		85,000	02/21/2001	02/21/2010	Common Stock	85,000				

Reporting Owners

Reporting Owner Name / Address			Relationships			
	Director	10% Owner	Officer	Other		
COLE DAVID D 100 CENTURYTEL DRIVE MONROE, LA 71203			Sr.VP-Operations Support			
Signatures						

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Kay McMillan,	
attorney-in-fact	12/11/2009
**Signature of Reporting Person	Date

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). *
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercised pursuant to a 10b5-1 trading plan.
- (2) Sold pursuant to a 10b5-1 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.