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CHOICE HOTELS INTERNATIONAL INC /DE

Form 4

Common

Stock

September 25, 2007

September	25, 2007											
FORI	FORM 4 UNITED STATES SECURITIES AND EVOLANCE COMMISSION								OMB APPROVAL			
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287		
Check if no lo subject Section Form 4	to SIAIE 1 16.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expires: January 31, 2005 Estimated average burden hours per response 0.5			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type	e Responses)											
1. Name and LEDSING	JR s	2. Issuer Name and Ticker or Trading Symbol CHOICE HOTELS INTERNATIONAL INC /DE [CHH]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(I+)	(First)						[CIIII]	Director	100	7/ 0		
(Last) 10750 CO	(3. Date of Earliest Transaction (Month/Day/Year) 09/21/2007					Director 10% OwnerX Officer (give title Other (specify below) Vice Chairman & CEO					
		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
SILVER S	SPRING, MD 209	01						Form filed by M Person				
(City)	(State)	(Zip)	Tab	ole I - Non	-Derivative	Secu	rities Acq	uired, Disposed of,	or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	rity (Month/Day/Year) Execution Date, i			Code (Instr. 3, 4 and 5)				Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	09/21/2007			Code V	Amount 1,653.4	(D) A	Price \$ 39.4804	(Instr. 3 and 4) 639,026.9	D			
Common Stock							<i>37</i> .700	2,912	I	By 401(k) Plan		
										$\mathbf{R}\mathbf{v}$		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form SEC 1474 (9-02)

2,691

I

Non-Qualified

Plan

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displays a currently valid OMB control

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transactio	5. orNumber	6. Date Exerc Expiration D		7. Title Amou		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(World, Day, Tear)	any (Month/Day/Year)	Code (Instr. 8)	of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Under Securi	lying	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LEDSINGER CHARLES A JR 10750 COLUMBIA PIKE SILVER SPRING, MD 20901

Vice Chairman & CEO

Signatures

Charles A. 09/25/2007 Ledsinger, Jr.

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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