Edgar Filing: SHAMES ERVIN R - Form 4

CILANTER EDVIN

Form 4											
March 21, 2 FORN Check th if no lon subject t	A 4 UNITED	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF							PROVAL 3235-0287 January 31, 2005		
Section Form 4 Form 5 obligation may cor <i>See</i> Insta 1(b).	16. or ^{ons} Filed pu ^{ons} Section 17	(a) of the Publ	SECURITIES ant to Section 16(a) of the Securities Exchange Act of 1934, of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940						verage s per 0.5		
(Print or Type	Responses)										
1. Name and A SHAMES 1	Address of Reporting ERVIN R	Sym CH	Issuer Name an Ibol OICE HOTH FERNATION	ELS		5 Iss	Relationship of F uer (Check	Reporting Perso all applicable)			
(Last) 10750 COI	(First) (LUMBIA PIKE	(Mo	ate of Earliest 7 onth/Day/Year) 19/2007	Fransaction			X Director Officer (give ti ow)		Owner (specify		
			Amendment, I d(Month/Day/Ye	(onth/Day/Year) Ap				. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person			
SILVER S	PRING, MD 2090	01				Per	Form filed by Mo	ore than One Rep	oorting		
(City)	(State)	(Zip)	Table I - Non-	Derivative S	Securi	ties Acquire	ed, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Ye	Code	4. Securitie orDisposed o (Instr. 3, 4 a Amount	f(D)	uired (A) or Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	03/19/2007		А	23.0075	А	\$ 36.4565	21,351.9	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Person

Reporting Owner Name / Addres	55	Relationships						
	Director	10% Owner	Officer	Other				
SHAMES ERVIN R 10750 COLUMBIA PIKE SILVER SPRING, MD 2090	X							
Signatures								
Ervin R. Shames	03/21/2007							
<u>**</u> Signature of	Date							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.