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IDT CORP

Form 4									
July 26, 2005									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						-	APPROVAL 3235-0287		
Check thi if no long subject to Section 10 Form 4 or	er STATEMENT 6.						January 31, 2005 average urs per		
Form 5 obligation may conti <i>See</i> Instru 1(b).	Filed pursuant Section 17(a) of t								
(Print or Type R	lesponses)								
1. Name and A KNOLLER	ddress of Reporting Person MARC E	Symbol	2. Issuer Name and Ticker or Trading Symbol IDT CORP [IDT/IDT.C]			5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)		Earliest Transaction		(Chec	k all applicabl	e)		
C/O IDT CO BROAD ST	DRPORATION, 520 REET		(Month/Day/Year)			X Director 10% Owner X Officer (give title Other (specify below) below) Senior Vice President			
	(Street)		ndment, Date Origina th/Day/Year)	1	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
NEWARK, I					Person				
(City)	(State) (Zip)		e I - Non-Derivative				-		
1.Title of Security (Instr. 3)	ecurity (Month/Day/Year) Execution Date, if		3. 4. Secur TransactionAcquire Code Dispose (Instr. 8) (Instr. 3 Code V Amount	d (A) or d of (D) , 4 and 5) (A) or	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Class B Common Stock, par value \$.01 per share					1,379 <u>(1)</u>	I	By 401(k) Plan		
Class B Common Stock, par value \$.01 per share					39,131 <u>(2)</u>	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 12.95	07/22/2005		A	25,000	07/30/2005	07/21/2015	Class B Common Stock	25,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
KNOLLER MARC E C/O IDT CORPORATION 520 BROAD STREET NEWARK, NJ 07102	Х		Senior Vice President			
Signatures						

Joyce J. Mason, by Power of 07/26/2005 Attorney **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) As of June 30, 2005
- Includes 37,391 shares of Restricted Stock, of which 4,058 are vested, and 1,740 shares of stock purchased through the Issuer's Empoyee (2)Stock Purchase Plan

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.