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REGIS COR Form 4	Р										
October 05, 2									OMB AF	PROVAL	
FORM	UNITED	STATES		LITIES A			IGE C	COMMISSION	OMB Number:	3235-0287	
Check thi if no long subject to Section 10 Form 4 or Form 5	er STATEN 6. Filed pur	GES IN BENEFICIAL OWN SECURITIES					Expires: Estimated a burden hou response	urs per			
obligation may conti <i>See</i> Instru 1(b).	ns Section 17(a	a) of the l	Public Ut		ing Com	pany	Act of	1935 or Section	n		
(Print or Type R	lesponses)										
1. Name and Address of Reporting Person <u>*</u> KIKER SHARON A			2. Issuer Name and Ticker or Trading Symbol REGIS CORP [RGS]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (M	Aiddle)	3. Date of Earliest Transaction (Check					k all applicable			
7201 METR	O BOULEVARI)	(Month/D 09/16/20	-				Director X Officer (give below) Div. Chie		Owner er (specify ficer	
	(Street)			ndment, Dat th/Day/Year)	-			6. Individual or Jo Applicable Line) _X_ Form filed by 0	One Reporting Pe	rson	
MINNEAPO	DLIS, MN 55439							Form filed by M Person	Iore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	Securit	ties Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio: any		3. Transactio Code (Instr. 8) Code V	4. Securiti n(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	09/16/2005			М	35,000	A	\$ 16.5	41,500	D		
Common Stock	09/16/2005			S	35,000	D	\$ 42	6,500	D		
Common Stock								11,694	I	By profit sharing plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 16.5	09/16/2005		М	35,00) 02/15/2005	02/15/2010	Common Stock	35,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
KIKER SHARON A 7201 METRO BOULEVARD MINNEAPOLIS, MN 55439			Div. Chief Operating Officer				
Signatures							

Bert M. Gross for Sharon A. Kiker	10/05/2005		
**Signature of Reporting Person	Date		

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.