MENDEZ JOHN M

Form 4

February 26, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

Expires:

3235-0287

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

SECURITIES may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

See Instruction

MENDEZ JOHN M			Symbol FIRST COMMUNITY				.g	Issuer		
			BANCS	HARES I	NC /NV	/ [FC	BC]	(Chec	ck all applicab	le)
(Last) (First) (Middle) P. O. BOX 989			3. Date of Earliest Transaction (Month/Day/Year) 02/25/2010					_X_ Director 10% Owner _X_ Officer (give title Other (specify below) President & CEO		
	(Street)		4. If Amen	ndment, Dat	te Original			6. Individual or J	oint/Group Fil	ing(Check
BLUEFIELD), VA 24605-	0989	Filed(Mont	th/Day/Year)					One Reporting l More than One I	
								Person		
(City)	(State)	(Zip)	Table				-	iired, Disposed o	,	ally Owned
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Execut any	emed ion Date, if n/Day/Year)	Code (Instr. 8)	4. Securion(A) or Do (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
COMMON STOCK	02/25/2010			P	200	A	\$ 11.99	2,700	I	By 401(K) Wrap Plan
COMMON STOCK								1,316	D	
COMMON STOCK								20,413.791 (1)	I	By Employee Stock Ownership & Savings Plan

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code of (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
STOCK OPTION	\$ 19.8					12/31/1999(2)	(3)	COMMON STOCK	12,092
STOCK OPTION	\$ 13.94					12/31/2001(2)	(3)	COMMON STOCK	2,015
STOCK OPTION	\$ 24.65					12/31/2002(2)	(3)	COMMON STOCK	14,108
STOCK OPTION	\$ 29.15					12/31/2003(2)	(3)	COMMON STOCK	14,108

Reporting Owners

Reporting Owner Name / Address	Relationships							
F	Director	10% Owner	Officer	Other				
MENDEZ JOHN M								
P. O. BOX 989	X		President & CEO					
BLUEFIELD VA 24605-0989								

Signatures

John M. Mendez by: Robert L. Schumacher (His-Attorney-in-Fact) 02/26/2010

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares increased due to nondiscretionary company contribution and allocation under 401(k) plan.
- (2) Stock options vest and become exercisable in seven equal annual installments beginning with the date listed.
 - Stock options are exercisable until 5 years after retirement at or after age 62, disability or death. If employment is terminated other than
- (3) by retirement at or after 62, disability or death vested options must be exercised within 90 days after the effective date of termination. Any option not exercised within such period shall be deemed cancelled.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.