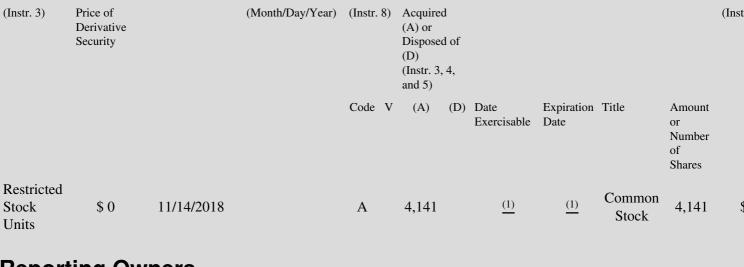
## Edgar Filing: Allen Jennifer H. - Form 4

Allen Jennifer Form 4										
November 16	Л								PPROVAL	
	UNITED	STATES		RITIES A shington			COMMISSIO	N OMB Number:	3235-0287	
Check this if no longe subject to Section 16 Form 4 or Form 5 obligation	Filed pur Section 17	CATEMENT OF CHANGES IN BENEFICIAL OV SECURITIES led pursuant to Section 16(a) of the Securities Exchar ion 17(a) of the Public Utility Holding Company Act					nge Act of 1934,	Estimated burden hou response	urs per	
may contin <i>See</i> Instruct 1(b).		30(h)	of the I	nvestmen	t Compar	ny Act of 1	940			
(Print or Type Ro	esponses)									
1. Name and Address of Reporting Person <u>*</u> Allen Jennifer H.			2. Issuer Name <b>and</b> Ticker or Trading Symbol TRIUMPH GROUP INC [TGI]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (	(First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)			(Check all applicable)		
TRIUMPH GROUP, INC., 899 CASSATT ROAD, SUITE 210			11/14/2018				XOfficer (give titleOther (specify below) below) SVP, General Counsel & Secy.			
(Street) BERWYN, PA 19312			4. If Amendment, Date Original Filed(Month/Day/Year)			<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>				
(City)	(State)	(Zip)	<b>(1</b> )			a	Person			
1.Title of 2	2. Transaction Date Month/Day/Year)		ed Date, if	3.	4. Securit nAcquired Disposed (Instr. 3, 4	ies (A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	of, or Beneficia 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Reminder: Repo	rt on a separate line	e for each cl	ass of sec	urities bene	Perso inforn requir	ns who res nation cont red to respo nys a curre	or indirectly. spond to the colle cained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. Pr
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	Deriv
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Secu

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## **Reporting Owners**

Reporting Owner Name / Address		Relationships						
		irector	10% Owner	Officer	Other			
Allen Jennifer H. TRIUMPH GROUP, INC. 899 CASSATT ROAD, SUITE 210 BERWYN, PA 19312				SVP, General Counsel & Secy.				
Signatures								
Jennifer H. Allen	11/16/2018							
**0' (								

<u>\*\*</u>Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents an award of restricted stock units, with restrictions lapsing as to 1/3 of the award on each of the first, second and third(1) anniversaries of the date of grant. Earlier potential lapse of forfeiture events set forth in the Company's 2018 Cash Incentive Compensation Plan apply to this award.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.