FIRST BANCORP /NC/

December 15, 2017

Form 144

(b)

UNITED STATES OMB APPROVAL SECURITIES AND EXCHANGE COMMISSION **OMB** 325-0101 Washington, D.C. 20549 Number Expires: May 31, 2017 Estimated average burden hours 1.00 per response **FORM 144** SEC USE ONLY NOTICE OF PROPOSED SALE OF SECURITIES **DOCUMENT** PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933 SEQUENCE NO. **CUSIP NUMBER ATTENTION:** Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker. **WORK LOCATION** (c) S.E.C. FILE NO. 1(a) NAME OF ISSUER (b) IRS IDENT. NO. First Bancorp 56-1421916 000-15572 1(d) ADDRESS (e) TELEPHONE NO. **OF ISSUER** ZIP AREA NUMBER **STREET CITY STATE CODE CODE** 300 SW Broad Street Southern Pines NC 28387 910 246-2500 2(a) NAME OF PERSON FOR WHOSE ACCOUNT THE (b) **SECURITIES ARE TO** RELATIONSHIP ZIP BE SOLD TO ISSUER (c) ADDRESS (Street) CITY **STATE CODE** First Bancorp Pension Trust Southern 300 SW Broad Street NC 28387 Employees' Pension Plan Fund of the Issuer Pines INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and

the S.E.C. File Number.

(c)

(d)

(e)

(f)

SEC USE

ONLY

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(g)

			Number				
			of				
			Shares		Number of		
			or Other		Shares		
			Units To		or Other		
,	Name and Address of Each Broker		Be Sold		Units	Approximate	Name
	Through Whom the Securities are		(See	Aggregate	Outstanding	Date of Sale	Sec
	to be Offered or Each Market Maker	Broker-Dealer	instr.	Market Value	(See instr.	(See instr. $3(f)$)	Exc
l	who is Acquiring the Securities	File Number	3(c)	(See instr. $3(d)$)	3(e)	(MO. DAY YR.)	(See ii
	Morgan Stanley		119,834	\$4,330,800.76	29,643,990	12/15/2017	NASD
	1585 Broadway						

INSTRUCTIONS:

New York, NY 10036

- 1. (a) Name of issuer
 - (b) Issuer s I.R.S. Identification Number
 - (c) Issuer s S.E.C. file number, if any
 - (d) Issuer s address, including zip code
 - (e) Issuer s telephone number, including area code
- 2. (a) Name of person for whose account the securities are to be sold
 - (b) Such person s relationship to the issuer (e.g., officer, director, 10 percent stockholder, or member of immediate family of any of the foregoing)
 - (c) Such person s address, including zip code
- 3. (a) Title of the class of securities to be sold
 - (b) Name and address of each broker through whom the securities are intended to be sold
 - (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
 - (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
 - (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
 - (f) Approximate date on which the securities are to be sold
 - (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

TABLE I SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

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			Name of Person			
			From			
			Whom Acquired			
		Name of	(If gift, also give	Amount of		
Title of	Date you	Acquisition	date donor	Securities	Date of	Nature of
the Class	Acquired	Transaction	acquired)	Acquired	Payment	Payment
First	Various	Shares acquired	Open market	119,834	Various	Cash purchases in
Bancorp		within the First Bank	transactions			the open market
Common		Employees' Pension				
Stock		Plan				

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

		Date	Amount of	
	Title of Securities	of	Securities	
Name and Address of the Seller	Sold	Sale	Sold	Gross Proceeds
Not applicable				

Remarks:

The First Bancorp Employees' Pension Plan is converting its investments to cash as it considers a termination and liquidation of the plan. The plan has been frozen since 2012.

INSTRUCTIONS:

See the definition of person in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be

aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

12/15/2017

Date of Notice

Date of Plan Adoption or Giving of Instruction, if Relying on Rule 10b5-1.

/s/ Timothy S. Maples, for the First Bancorp Employees' Pension Plan

(Signature)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)