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Symmetry Medical Inc. Form SC 13G/A August 08, 2005

OMB APPROVAL

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# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. 1)\*

Symmetry Medical Inc.

(Name of Issuer)

Common Stock, par value \$.001 per share

(Title of Class of Securities)

871546206

(CUSIP Number)

July 22, 2005

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

o Rule 13d-1 (b)

o Rule 13d-1 (c)

þ Rule 13d-1 (d)

The information required in the remainder of this cover page shall not be deemed to be filed for the purpose of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the notes).

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

<sup>\*</sup>The remainder of this cover page shall be filled out for a reporting person s initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

13G

CUSIP No.	87154	5206		Page 2 of 5 Pages
		f Reporting Person: stments plc	I.R.S. Identification Nos. of above persons (entities only):	
(	Check  a) o  b) o	he Appropriate Box if a Member of a G	roup:	
3. \$	SEC U	se Only:		
		ship or Place of Organization: Kingdom		
Number of Shares		Sole Voting Power: 1,264,309		
Beneficiall Owned by Each Reporting	6.	Shared Voting Power:		
Person Wit	:h 7.	Sole Dispositive Power: 1,264,309		
	8.	Shared Dispositive Power:		
	Aggreg 1,264,3	ate Amount Beneficially Owned by Eacl	h Reporting Person:	
10.		f the Aggregate Amount in Row (9) Exc	cludes Certain Shares:	
11. I	Percen	of Class Represented by Amount in Ro	w (9):	

3.68%

12. Type of Reporting Person:
OO

#### **SCHEDULE 13G**

#### Item 1(a) Name of Issuer:

Symmetry Medical Inc.

1(b) Address of Issuer s Principal Executive Offices:

220 West Market Street Warsaw, Indiana 46580

#### Item 2(a) **Name of Person Filing:**

3i Investments plc

2(b) Address of Principal Business Office or, if none, Residence:

91 Waterloo Road London SE1 8XP

2(c) **Citizenship**:

United Kingdom

2(d) Title of Class of Securities:

Common Stock, par value \$.001 per share

2(e) **CUSIP Number**:

871546206

Item 3 If this statement is filed pursuant to Rules 13d-1(b) or 13d-2(b) or (c), check whether the person filing is a:

Not applicable.

Item 4(a) Amount beneficially owned: 1,264,309

4(b) **Percent of Class:** 3.68%

- 4(c) Number of shares as to which such person has:
  - (i) sole power to vote or to direct the vote:

1,264,309

(ii) shared power to vote or to direct the vote:

		none		
	(ii)	sole power to dispose or to direct the disposition of:		
		1,264,309		
	(iv)	shared power to dispose or to direct the disposition of:		
		none		
Item 5	Ow	nership of Five Percent or less of a Class:		
	Not	applicable.		
Item 6	Ownership of more than Five Percent on behalf of another person:			
	Not	applicable.		
Item 7		Identification and Classification of the Subsidiary which Acquired the Security Being Reported or by the Parent Holding Company:		
	Not	applicable.		
Item 8	Identification and Classification of Members of the Group:			
	Not	applicable.		
Item 9	Not	Notice of Dissolution of Group:		
	Not	applicable.		
Item 10	Cer	Certifications:		
	Not	applicable.		

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## Signature

After reasonable inquiry and to the best of its knowledge and belief, the undersigned certifies that the information set forth in this statement is true, complete and correct.

/s/

Dated: 1 August 2005

Andrew Wallace Senior Counsel & Authorized Signatory

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