### Edgar Filing: METROPOLITAN HEALTH NETWORKS INC - Form 4

Form 4	ITAN HEALT	TH NETWO	ORKS IN	С						
February 12,									OMB A	PPROVAL
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287
Check this box if no longer subject to Section 16. Form 4 or Form 5 Eiled purguent to Section				SECUR	ITIES			Expires:January 31, 2005Estimated average burden hours per response0.5		
obligation may conti <i>See</i> Instru 1(b).	nue. Section 1	7(a) of the		ility Hold	ling Com	pany	Act of	e Act of 1934, f 1935 or Sectio 40	n	
(Print or Type R	esponses)									
SABO ROBERT J Symbol				r Name <b>and</b> Ticker or Trading DPOLITAN HEALTH				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
	NETWO	ORKS IN	C [MDF]			(Check an applicable)				
(Month/Da 250 S. AUSTRALIAN AVENUE, SUITE 400 (Street) 4. If Amer				-				Director 10% Owner X Officer (give title Other (specify below) below) Chief Financial Officer		
				endment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
WEST PALI 33401	M BEACH, FI	LUS						Form filed by M Person	Iore than One Re	porting
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	ecurit	ies Acq	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Executio any	emed on Date, if Day/Year)	3. Transactio Code (Instr. 8)	4. Securit on(A) or Dis (D) (Instr. 3, 4	sposed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/11/2008			Code V A	Amount 52,400 (1)	(D) A	Price \$ 0	(Instr. 3 and 4) 72,400	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

#### 1. Title of 2. 3. Transaction Date 3A. Deemed 5. Number of 6. Date Exercisable and 7. Title and Amount of 4. Derivative Conversion (Month/Day/Year) Execution Date, if TransactionDerivative **Expiration Date Underlying Securities** (Instr. 3 and 4) Security or Exercise any Code Securities (Month/Day/Year) (Instr. 3) Price of (Month/Day/Year) (Instr. 8) Acquired (A) Derivative or Disposed of Security (D) (Instr. 3, 4, and 5) Amount Expiration Date or Title Exercisable Date Number Code V (A) (D) of Shares Employee Stock 97,200 Common (3) 02/11/2018 97,200 Option \$ 2.31 02/11/2008 А (2) Stock (Right to Buy)

# Reporting Owners

<b>Reporting Owner Name / Address</b>		Relationships						
The point of the second of the	Reporting o wher runne / runness		10% Owner	Officer	Other			
SABO ROBERT J 250 S. AUSTRALIAN AVE SUITE 400 WEST PALM BEACH, FL				Chief Financial Officer				
Signatures								
/s/ Robert J. Sabo	02/11/2008	;						

<u>\*\*</u>Signature of Date Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares granted as compensation for fiscal year 2008. Shares vest ratably over 4 years.
- (2) Options granted as compensation for fiscal year 2008.
- (3) Options will become exercisable in four equal installments of 24,300 eah on 2/11/2009, 2/11/2010, 2/11/2011, and 2/11/2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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