Myers Thomas D Form 4 January 02, 2013

## FORM 4

#### OMB APPROVAL

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

Expires: January 31, 2005

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Add Myers Thomas	•	ing Person *	2. Issuer Name and Ticker or Trading Symbol URSTADT BIDDLE PROPERTIES INC [UBA]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
(Last) 321 RAILROA	(Last) (First) (Middle)  RAILROAD AVENUE  (Street)  EENWICH, CT 06830		3. Date of Earliest Transaction (Month/Day/Year) 01/02/2013	Director 10% OwnerX_ Officer (give title Other (specify below) EVP, Counsel & Secretary			
GREENWICH			4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially				

•	· · · ·	Table	: 1 - Noll-De	erivative S	ecuriu	ies Acq	juirea, Disposea o	n, or beneficial	ly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securiti	ies Acc	quired	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	n(A) or Disposed of			Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	(D)		Beneficially	(D) or	Beneficial	
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4	and 5	i)	Owned	Indirect (I)	Ownership
							Following	(Instr. 4)	(Instr. 4)
					( )		Reported		
					(A)		Transaction(s)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
C1 4			Code v	Amount	(D)	Price			
Class A									See
Common	01/02/2013		J <u>(1)</u>	11,000	A	\$0	136,046 (2)	I	footnote (3)
Stock									100111016 (8)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

#### Edgar Filing: Myers Thomas D - Form 4

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title an	d 8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amount of	of Derivative	e Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underlyin	g Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securities	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3 ar	nd 4)	Owne
	Security				Acquired					Follo
	•				(A) or					Repo
					Disposed					Trans
					of (D)					(Instr
					(Instr. 3,					
					4, and 5)					
								Λ	nount	
									lount	
						Date	Expiration	Or Title Nove	no la cu	
						Exercisable	Date	Title Number	mber	
				C 1 W	(A) (D)			of		
				Code V	(A) (D)			Sha	ares	

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Myers Thomas D 321 RAILROAD AVENUE GREENWICH, CT 06830

EVP, Counsel & Secretary

## **Signatures**

Thomas D. 01/02/2013 Myers

\*\*Signature of Date
Reporting Person

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On January 2, 2013, the Issuer entered into an agreement with Thomas D. Myers (the "Reporting Person") whereby the Reporting Person (1) was granted a restricted stock award of 11,000 shares of Class A Common Stock pursuant to the Issuer's Amended and Restated Restricted Stock Award Plan (the "Restricted Stock Award Plan").
- This figure includes 90,000 restricted shares of Class A Common Stock issued pursuant to the Restricted Stock Award Plan. On
  December 28, 2012, restrictions applicable to a previously reported grant of 12,000 shares of Class A Common Stock lapsed, resulting in the reporting person becoming fully vested in such shares. This resulted in no change in the number of shares beneficially owned by the Reporting Person.
- Mr. Myers is the direct beneficial owner of 134,950 shares of Class A Common Stock, including the 90,000 restricted shares referenced in footnote 2. In addition, he is the indirect beneficial owner of 1,096 shares of Class A Common Stock owned by the Trust established under the Urstadt Biddle Properties Inc. Excess Benefit and Deferred Compensation Plan of 2005 for the benefit of Mr. Myers.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2