Myers Thomas D Form 5 November 13, 2012

Common

FORM	M 5							OMB AP	PROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION									3235-0362		
	nis box if er subject		Washington, D.C. 20549					Number: Expires:	January 31, 2005		
5 obligations may continue.		UAL STATEMENT OF CHANGES IN BENE OWNERSHIP OF SECURITIES					CIAL	verage s per			
See Insti 1(b). Form 3 I Reported Form 4 Transact Reported	Filed put Holdings Section 170	(a) of the Pul	ction 16(a) of the blic Utility Hold the Investment 0	ing Com	pany Ac	et of 193					
1. Name and Address of Reporting Person * Myers Thomas D			2. Issuer Name and Ticker or Trading Symbol URSTADT BIDDLE PROPERTIES INC [UBA]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle)			(Month Buy Tear)				Director 10% Owner Other (specify below) EVP, Counsel & Secretary				
321 RAIL	ROAD AVENUE						EVF, Cou	ilisei & Secieu	ai y		
(Street) 4. If Amendment, Date Original 6. Individual or J Filed(Month/Day/Year)					dividual or Joi	nt/Group Reporting					
			ica(Monau Buji Tear)				(check	applicable line)			
GREENW	ICH, CT 0683	0					Form Filed by O Form Filed by Mo on				
(City)	(State)	(Zip)	Table I - Non-De	erivative S	ecurities	Acquired	l, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/	Code	4. Securities Acquired (A or Disposed of (D) (Instr. 3, 4 and 5) (A) or			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Class A Common Stock	04/20/2012	Â	J	Amount 14 (1)	(D)	Price 9.0915	125,019 (2)	I	See footnote (3)		
Class A Common Stock	07/20/2012	Â	J	13 (1)	A \$	19.621	125,032 (2)	I	See footnote (3)		
Class A	10/19/2012	Â	J	14 (1)	A \$		125,046 (2)	I	See		

19.1805

footnote

Stock (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,			Amour Underl Securit	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)
				4, and 5)					
					Date Exercisable	Expiration Date	Title	Amount or Number	
				(A) (D)	Ziririsuoie	2		of Shares	

Relationships

Reporting Owners

Reporting Owner Name / Address				•	
	Director	10% Owner	Officer		Other

Myers Thomas D

321 RAILROAD AVENUE EVP, Counsel & Secretary GREENWICH, CTÂ 06830

Signatures

Thomas D. 11/13/2012 Myers

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Those shares of Class A Common Stock of which Mr. Myers is the indirect beneficial owner, and which are owned by the Trust established under the Urstadt Biddle Properties Inc. Excess Benefit and Deferred Compensation Plan of 2005 (the "Compensation Plan Trust"), are subject to automatic reinvestment of dividends pursuant to the Issuer's Dividend Reinvestment Plan. On April 20, 2012, July 20, 2012 and October 19, 2012, dividends on these shares were paid and automatically reinvested by the Compensation Plan Trust in additional Class A Common Stock for the benefit of Mr. Myers in the amounts of 13.6820 shares, 13.4856 shares and 13.9694 shares, respectively.

(2) This figure includes 91,000 restricted shares of Class A Common Stock issued pursuant to the Issuer's Amended and Restated Restricted Stock Award Plan.

Reporting Owners 2

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Mr. Myers is the direct beneficial owner of 123,950 shares of Class A Common Stock, including the 91,000 restricted shares referenced (3) in footnote 2. In addition, he is the indirect beneficial owner of 1,096 shares of Class A Common Stock owned by the Compensation Plan Trust for the benefit of Mr. Myers.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.