EOG RESOURCES INC

Form 4 April 08, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

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if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading DAY JAMES C Issuer Symbol EOG RESOURCES INC [EOG] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction X_ Director (Month/Day/Year) 10% Owner Officer (give title Other (specify 1111 BAGBY, SKY LOBBY 2 04/07/2016 below) (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

HOUSTON, TX 77002

(State)

(Zip)

(City)

(- 3)	()	\ labi	e I - Non-L	perivative i	Securi	ities Acqu	iirea, Disposea oi	, or Beneficial	y Ownea
1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transactio	4. Securit on(A) or Dis		•	5. Amount of Securities	6. Ownership	7. Nature of Indirect
(Instr. 3)		any	Code	(Instr. 3,	4 and 5	5)	Beneficially	Form: Direct	Beneficial
		(Month/Day/Year)	(Instr. 8)				Owned	(D) or	Ownership
							Following Reported	Indirect (I) (Instr. 4)	(Instr. 4)
					(A)		Transaction(s)	(111811. 4)	
					or		(Instr. 3 and 4)		
			Code V	Amount	(D)	Price	(moure und 1)		
Common Stock	04/07/2016		M	10,000	A	\$ 36.02	31,133.933	D	
Common Stock	04/07/2016		D	5,058	D	\$ 71.22	26,075.933	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of **SEC 1474** information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Person

Table I. Non Derivative Securities Acquired Disposed of an Peneficially Ou

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ar Underlying Se (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-employee Director Stock Appreciation Right	\$ 36.02	04/07/2016		M	10,000	05/04/2010(1)	05/04/2016	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting of the removiruation	Director	10% Owner	Officer	Other			
DAY JAMES C 1111 BAGBY, SKY LOBBY 2 HOUSTON, TX 77002	X						
Signaturos							

Signatures

Michele Hatz, attorney-in-fact for James C. Day

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The stock appreciation rights became exercisable in 50% increments beginning one year from the May 4, 2009 date of grant and on the next grant date anniversary. The stock appreciation rights became fully exercisable on May 4, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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