Rochon Thomas R. Form 4 January 13, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

Number: 3235-0287

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

Stock

Common

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person *

Rochon Tho	Symbol TOMPI [TMP]	TOMPKINS FINANCIAL CORP				Issuer (Check all applicable)				
	(First) (M KINS FINANCIA FION, P.O. BOX	(Month/E AL 01/11/2	3. Date of Earliest Transaction (Month/Day/Year) 01/11/2012				Director 10% Owner Officer (give title Other (specify below)			
ITHACA, N	(Street) Y 14851		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip) Tabl	e I - Non-D	erivative S	Securities Ac	quired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code	4. Securion onAcquired Disposed (Instr. 3,	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock						223	D			
Common						5	I	NY UGMA for		

5

Ι

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Son NY

Son 2

UGMA for

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transaction		5. Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
Security (Instr. 3)	or Exercise Price of Derivative Security	(any (Month/Day/Year)	Code (Instr. 8	le Derivative		e (Month/Day				
				Code	V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(1)</u>	11/15/2011		L '	V	20	<u>(1)</u>	<u>(1)</u>	Common Stock	20	<u>(2)</u>
Phantom Stock	<u>(1)</u>	01/11/2012		P		217	<u>(1)</u>	<u>(1)</u>	Common Stock	217	\$ 40.5

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Rochon Thomas R. C/O TOMPKINS FINANCIAL CORPORATION P.O. BOX 460 ITHACA, NY 14851



Signatures

/s/Thomas R. 01/12/2012 Rochon

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Each share of phantom stock is the economic equivalent of one share of common stock. Phantom stock represents deferred stock

compensation under the Amended and Restated Retainer Plan for Eligible Directors of Tompkins Financial Corporation and its Wholly-Owned Subsidiaries. These shares are held in a rabbi trust pending distribution upon the occurrence of certain events specified in the Plan. The reporting person has no voting or investment power over the shares prior to such distribution.

Reporting Owners 2

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(2) Shares acquired through reinvestment of quarterly cash dividends.

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