Seaberg Karen Form 5 May 14, 2013

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0362 January 31,

2005

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

ENT OF CHANGES IN BENEFICIAL Estimated average

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

burden hours per response... 1.0

See Instruction
1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
Reported

Form 4 Transactions 30(h) of the Investment Company Act of 1940

Transactions Reported

| 1. Name and Ad Seaberg Kare | | orting Person * | 2. Issuer Name and Ticker or Trading Symbol | 5. Relationship of Reporting Person(s) to Issuer | | | | |
|--------------------------------|---------|-----------------|--|--|--|--|--|--|
| | | | MGP INGREDIENTS INC [MGPI] | (Check all applicable) | | | | |
| (Last) | (First) | (Middle) | 3. Statement for Issuer's Fiscal Year Ended | (Check an applicable) | | | | |
| | | | (Month/Day/Year) | _X_ Director _X_ 10% Owner | | | | |
| | | | 12/31/2012 | Officer (give title Other (specify | | | | |
| 20073 266TH | H ROAD | | | below) below) | | | | |
| (Street) | | | 4. If Amendment, Date Original | 6. Individual or Joint/Group Reporting | | | | |
| | | | Filed(Month/Day/Year) | | | | | |
| | | | | (check applicable line) | | | | |

ATCHISON, KSÂ 66002

X Form Filed by One Reporting Person ___ Form Filed by More than One Reporting Person

| (City) | (State) (Z | Zip) Table | e I - Non-Deri | vative Securit | ies Ac | quired, | Disposed of, o | r Beneficially | Owned |
|--------------------------------------|--------------------------------------|---|---|--|--------|------------|--|--|---|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities a or Disposed of (Instr. 3, 4 and Amount | of (D) | red (A) | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common Stock | 12/12/2012 | Â | S4 | 3,910 | D | \$ 3.41 | 223,740 | I | by trust |
| Common Stock | 12/12/2012 | Â | J4 <u>(1)</u> | 9,000 (1) | D | \$0 | 214,740 | I | by trust |
| Common Stock | 12/25/2012 | Â | G4 | 40,621 (2) | D | \$0 | 174,119 | I | by trust |
| Common Stock | 12/25/2012 | Â | G4 | 600 (3) | A | \$ 0 | 174,719 | I | by trust |

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| Common Stock | 12/25/2012 | Â | G4 | 600 (3) | A | \$ 0 | 864,852 | I | by spouse's trust |
|--------------------|---|--|---------------|------------------|---|------|------------------|--------------------|-------------------------------|
| Common Stock | 12/12/2012 | Â | J4 <u>(1)</u> | 12,910 (1) | A | \$0 | 22,279 (4) | D | Â |
| Common Stock | 12/12/2012 | Â | J4 <u>(1)</u> | 5,090 (1) | A | \$0 | 27,369 (4) | D | Â |
| Common Stock | 12/30/2012 | Â | J4 <u>(5)</u> | 18,000 (5) | D | \$0 | 9,369 | D | Â |
| Common Stock | 12/30/2012 | Â | J4 <u>(5)</u> | 2,573,967 (5) | A | \$0 | 2,583,336 (4) | D | Â |
| Common Stock | Â | Â | Â | Â | Â | Â | 23,005 | I | by ESPP |
| Commmon Stock | Â | Â | Â | Â | Â | Â | 120,000 | I | By spouse's trust |
| Preferred Stock | Â | Â | Â | Â | Â | Â | 223 (6) | I | By MGPI Voting Trust |
| Preferred Stock | Â | Â | Â | Â | Â | Â | 71 | I | by spouse |
| | ort on a separate line icially owned directly | Persons who respond to the collection of information contained in this form are not required to respond unless | | | | | | SEC 2270 (9-02) | |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

the form displays a currently valid OMB control number.

| | | | | | | | cisable and | | le and | 8. Price of | 9. |
|------------|-------------|------------------|--------------------|-------------|------------|--------------|-------------|---------|----------|-------------|----|
| Derivative | Conversion | (Month/Day/Year) | Execution Date, if | Transaction | Number | Expiration D | ate | Amou | ınt of | Derivative | of |
| Security | or Exercise | | any | Code | of | (Month/Day/ | Year) | Under | rlying | Security | D |
| (Instr. 3) | Price of | | (Month/Day/Year) | (Instr. 8) | Derivative | e | | Secur | ities | (Instr. 5) | Se |
| | Derivative | | | | Securities | | | (Instr. | 3 and 4) | | В |
| | Security | | | | Acquired | | | | | | О |
| | | | | | (A) or | | | | | | Eı |
| | | | | | Disposed | | | | | | Is |
| | | | | | of (D) | | | | | | Fi |
| | | | | | (Instr. 3, | | | | | | (I |
| | | | | | 4, and 5) | | | | | | |
| | | | | | , , | | | | | | |
| | | | | | | | | | Amount | | |
| | | | | | | Date | Expiration | | or | | |
| | | | | | | Exercisable | Date | Title | Number | | |
| | | | | | | LACICISADIC | Date | | of | | |
| | | | | | (A) (D) | | | | Shares | | |

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Seaberg Karen

20073 266TH ROAD X X ATCHISON, KSÂ 66002

Signatures

Carl W. Struby, by power of attorney

05/14/2012

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On 12/12/2012 the Reporting Person contributed 9,000 shares to Cray Family Management LLC (the "LLC") from her revocable trust. Other members contributed 3,910 shares on 12/12/2012 and 5,090 shares on 12/21/2012, together with \$30,292 in cash. The Reporting person is manager of the LLC and has a 1/3 interest in the LLC. As such, she may be deemed to have acquired an indirect pecuniary

- (1) interest in 1/3 of the shares contributed by all members to the LLC, or 4,303 shares on 12/12/2012 and 1,697 shares on 12/21/2012. As permitted by Instruction 4(b)(iv) to Form 5, the Reporting Person is reporting the entire amount of the holdings of the LLC acquired as of such dates (12,910 on 12/12/2012 and 5,090 on 12/21/2012), but disclaims beneficial ownership of the shares owned by the LLC, except to the extent of her pecuniary interest in such shares.
- (2) These shares were gifted to family members.
- (3) These share were a gift from a family member.
- (4) Includes 9,369 shares previously reported as owned directly.

On 12/30/2012 the LLC contributed 18,000 shares and \$27,518 in cash to Cray MGP Holdings LP (the "LP") in exchange for a 1% limited partnership interest. After the contribution, the LP owned of record 2,573,967 shares of common stock. The LLC is general partner of the LP with a 1% interest, and may be deemed to beneficially own 25,739 of these shares. As manager of the LLC, the

- (5) Reporting Person may be deemed to have disposed of 1/3 of the shares contributed by the LLC, or 6,000 shares, and may be deemed to have acquired an indirect beneficial interest in 8,579 shares, representing 1/3 of the 25,739 shares deemed beneficially owned by the LLC. As permitted by Instruction 4(b)(iv) to Form 5, the Reporting Person is reporting the entire amount of the contribution by the LLC to and the holdings of the LP. The Reporting Person disclaims beneficial ownership of all shares held or beneficially owned by the LLC and the LP, except to the extent of her pecuniary interest in such shares.
- (6) The Reporting Person and her spouse are 2 of 3 trustees of the Voting Trust.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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